

➤ more online @  
www.accc-cancer.org



### Nutrition for the Gastrectomy Patient

Webinar discussion topics for patients who have had a partial or full gastrectomy, including dealing with appetite changes, minimizing weight loss, maintaining nutritional status, and more. [www.accc-cancer.org/gastric](http://www.accc-cancer.org/gastric).



### Call for Nominations for ACCC Board of Trustees

ACCC is now accepting nominations for its 2014 Board of Trustees' election. Nominations must include the nominee's name and program affiliation and be emailed to Caren Campbell at [ccampbell@accc-cancer.org](mailto:ccampbell@accc-cancer.org). All nominations must be received by November 30, 2013.



### Get to Know ACCC's Community Resource Centers

These cancer programs have volunteered to provide resources and answer questions on patients with cancers your program may not see every day, including CML, APL, and multiple myeloma. [www.accc-cancer.org/CRC](http://www.accc-cancer.org/CRC).



### Opportunities and New Realities in Cancer Care

Read ACCC's first whitepaper from its 2013 Institute for the Future of Oncology. The second white paper, "Cancer Care in the Age of Electronic Health Information Exchange," is also available at [www.accc-cancer.org/institute](http://www.accc-cancer.org/institute).

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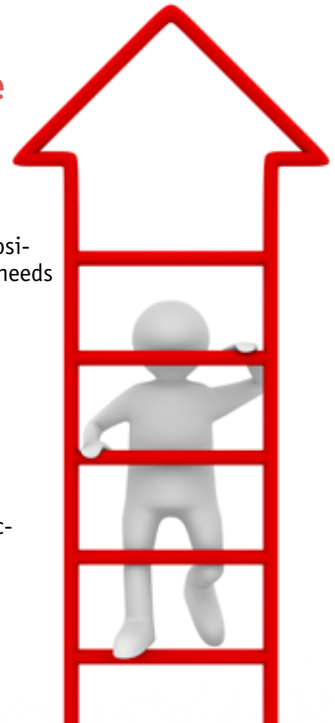
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# fast

## 6 Practical Steps to Better Healthcare

1. Effective, evidence-based workforce planning for patients and physicians
2. Allocation of residency training positions that aligns with population needs and job availability
3. Improvements to the work environment in rural areas to attract and retain new physicians in local communities
4. Career counseling throughout medical training
5. Promotion of a culture of social accountability in medical training
6. Succession planning.

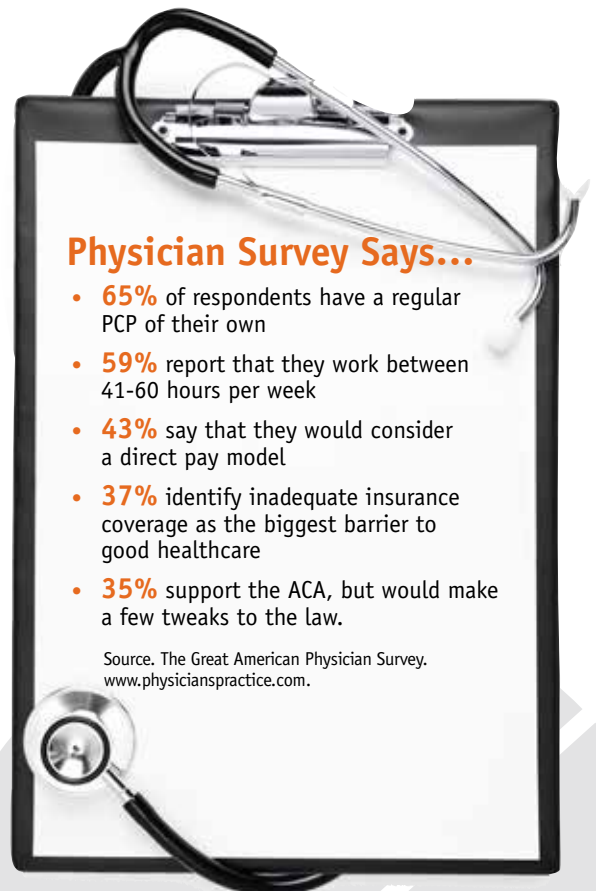
Source: The Canadian Association of Internes and Residents. [www.cair.ca](http://www.cair.ca).



## Physician Survey Says...

- **65%** of respondents have a regular PCP of their own
- **59%** report that they work between 41-60 hours per week
- **43%** say that they would consider a direct pay model
- **37%** identify inadequate insurance coverage as the biggest barrier to good healthcare
- **35%** support the ACA, but would make a few tweaks to the law.

Source: The Great American Physician Survey. [www.physicianspractice.com](http://www.physicianspractice.com).



# facts

## Practice Ownership Drops, but More than Half of Docs Still Self-Employed

- The percentage of physicians who owned their practice in 2012 is down **8%** from 2008; physicians in solo practice are down by **6%**.
- Although data indicates a shift toward hospital employment, **53.2%** of physicians are self-employed.
- **60%** are in practices wholly owned by physicians; only **23%** work in practices that are at least partly owned by a hospital.
- **6%** of physicians are directly employed by a hospital.
- A larger percentage of men **60%** own their own practices, compared with women **39%**.
- Ownership is less common among younger physicians—**43.3%** for physicians under age 40 and **60%** for physicians age 55 and up.

Source. A Survey by the American Medical Association. [www.ama-assn.org](http://www.ama-assn.org).



## The Cost of Healthcare

Healthcare spending is expected to rise just **3.8%** in 2013—the fifth consecutive year it will have stayed below **4%**. Why the modest rise? Experts say it's due to the recent recession and slow recovery, increases in patient cost-sharing requirements, and slow growth in public programs. Expected growth for 2014 is **6.1%**, with an average projected growth of **6.2%** per year thereafter.

Source. National Health Expenditure Projections, 2012–22: Slow Growth Until Coverage Expands And Economy Improves. *Health Affairs*.

## 5 Easy Questions All Breast Cancer Patients Should Ask

1. **WHO** will be the team of doctors assigned to my care? Typically it's not just a surgeon or oncologist outlining the recommended course of treatment but a team that includes various specialists.
2. **WHAT** type of treatment is recommended? There are pros and cons to all medical procedures. Every treatment is customized to the patient.
3. **WHERE** does the treatment take place?
4. **WHEN** would the treatment take place, how often, and for how long? Lifestyles and daily demands should be taken into consideration.
5. **WHY** is this the treatment that is being recommended? Understand the relevance of the treatment to the diagnosis and if it is the most effective treatment for the type of cancer.

Source. The BC5 Project. [www.bc5project.com](http://www.bc5project.com).

