



12401 Washington Blvd.  
Whittier, CA 90602  
P: 562.698.0811  
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## PIH Health Hospital Low Dose CT Lung Cancer Screening Program



ACT:                      MR:  
DOB:  
ADM:

There are several risks and limitations of Low Dose Computed Tomography (LDCT) lung screening. We want to make sure that we have done a good job explaining these to you, so please let us know if you have any questions.

- **Radiation exposure:** LDCT lung screening uses radiation to create images of your lung. Radiation can increase a person's risk of cancer. By using special techniques, the amount of radiation in LDCT lung screening is small—about the same amount a person would receive from a screening mammogram.
- **False negatives:** No test, including LDCT lung screening, is perfect. It is possible that you may have a medical condition, including lung cancer that is not found during your exam. This is called a false negative.
- **False positives/additional testing:** LDCT lung screening very often finds something in the lung that could be cancer but in fact is not. This is called a false positive. False positive tests often cause anxiety. In order to make sure these findings are not cancer, you may need to have more tests. These tests will be performed only if you give us permission. Occasionally, patients need a procedure, such as a biopsy, that can have potential complications.
- **Findings not related to lung cancer:** Your LDCT lung screening exam also captures images of areas of your body next to your lungs. In a small percentage of cases (5%–10%), the CT scan will show an abnormal finding in one of these areas, such as your kidneys, adrenal glands, liver or thyroid. This finding may not be serious; however, you may need to be examined further. See your healthcare provider to determine if you need additional testing.

### How is this procedure done?

LDCT lung screening is one of the easiest screening exams you can have. The exam takes less than 60 seconds. No medications are given, and no needles are used. You can eat before and after the exam. You do not even need to get changed as long as the clothing on your chest does not contain metal. You must, however, be able to hold your breath for at least 10 seconds while the chest scan is being taken.

### When will I get the results of this test?

All screening LDCT scans are read by a radiologist before the final results are reported. You and your physician will usually receive your results within 5 days.

### Ongoing Screening

The lung cancer screening program has been shown to decrease the death rate due to lung cancer by 20% but it is only effective if you continue to receive the LDCT yearly. It is a commitment to your health.

### Smoking Cessation

Smoking is the biggest risk factor to developing lung cancer. If you are ready to quit smoking and decrease that risk we have tools available to help. If you have already quit smoking, congratulations and keep it up!



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**ACT:** \_\_\_\_\_ **MR:** \_\_\_\_\_  
**DOB:** \_\_\_\_\_  
**ADM:** \_\_\_\_\_

Your signature indicates that you have read and understood the information provided in this form. You have received all of the information that you desire concerning the procedure and you agree to participate in the lung cancer screening program with the understanding that further testing may be necessary if abnormalities are identified.

Signature \_\_\_\_\_ Date/Time \_\_\_\_\_  
(Patient/Guardian)

If signed by other than patient, indicate relationship: \_\_\_\_\_

Witness \_\_\_\_\_ Date/Time \_\_\_\_\_

Distribution: Original – Medical Record Copy – Patient