

# Step out of the Now

BY TOM GALLO



In this issue's "From the Editor" column, Dr. Crews notes some of the ways ACCC's education and advocacy efforts have anticipated the priorities identified during the recent Biden Cancer

Institute Summit, "The Urgency of Now." This makes perfect sense. As community cancer care providers ACCC members are on the front lines delivering care. ACCC members are the touchstone for real-world cancer care delivery—we live in the "now," as we meet the needs of our patients and our communities. The creativity and dedication that ACCC membership brings to identifying and overcoming the challenges of now while simultaneously looking to those of tomorrow is reflected in the articles contributed to each issue of this journal, in the sharing of effective practices through ACCC education projects, in the annual ACCC Innovator Awards, and in peer-to-peer discussions on ACCCExchange. As wave after wave of change reshapes oncology and healthcare, this community's voice contributes to the national conversation on cancer care through multiple collaborations, joining in coalitions and stakeholder groups for advocacy efforts; connecting to patient organizations to support common education goals, such as ACCC's Metastatic Breast Cancer project; and through advocacy for change needed now.


With this column, I'd like to encourage you to step out of the now and invite you to share your organizational and/or personal wisdom and experience by joining in my President's Theme: Reflect, Renew, Reignite: Creating a Resilient Oncology Team in Your Community. If you need inspiration for reflection, an exceptional resource is the National Academy of Medicine (NAM) Clinician Well-Being

Knowledge Hub ([nam.edu/clinicianwellbeing](http://nam.edu/clinicianwellbeing)) where you'll find a wealth of articles, research studies, and other materials. The NAM Action Collaborative on Clinician Well-Being is a multiyear exploration of both individual and systemic steps for combatting the current pervasive burnout among healthcare professionals. The ACCC 2018 Institute for the Future of Oncology forum mirrored this approach, discussing both personal and institutional strategies to support a culture of wellness for cancer care providers and their patients. (You can read the Executive Summary of this meeting online at [acc-cancer.org/TeamWellBeing](http://acc-cancer.org/TeamWellBeing).)

In October, two new discussion papers from the NAM Action Collaborative, "A Vision for a Person-Centered Health Information System" and "A Pragmatic Approach for Organizations to Measure Health Care Professional Well-Being," examine challenges familiar to ACCC members: healthcare IT and metrics to measure well-being. Both papers are available online at [nam.edu](http://nam.edu).

Another starting point for reflection on renewal and steps to recharge your team could be the "IHI Framework for Improving Joy in Work." Developed by the Institute for Healthcare Improvement, this white paper outlines four steps for leaders to consider when reflecting on ways to reignite their teams:

1. Use improvement science to test approaches to improving joy in work in your organization.
2. Commit to a systems approach to making joy in work a shared responsibility at all levels of the organization.
3. Identify unique impediments to joy in the work in the local context.
4. Ask staff, "What matters to you?"

Before you head back into the now, share your experiences and wisdom as together we build oncology team resources for resiliency. Send your stories to [mmarino@acc-cancer.org](mailto:mmarino@acc-cancer.org). 

## Coming in Your 2019 ONCOLOGY ISSUES

- ▶ Improving Cancer Screening and Treatment Through a Focused Prostate Evaluation Program
- ▶ Removing Barriers in Cancer Detection: Getting LDCT Lung Cancer Screening to Work Within a Network
- ▶ Enhancing Radiation Therapy Patient's QOL Through Fatigue-Centered Psychoeducation
- ▶ A Model Colon Cancer Awareness Screening Event
- ▶ Implementing Medical Scribes in a Community Cancer Center
- ▶ Evaluation of High-Risk Pulmonary Nodules and Pathologic Correlation in Patients Enrolled in an LDCT Program
- ▶ *One Best Practice*: Streamlining Workflow, Unifying Staff, and Reducing Redundancy
- ▶ Utilizing Bedside Yoga as a Nonpharmacological Intervention for Cancer Patients
- ▶ The Experience Engine: Personalizing the Patient Experience Through Technology
- ▶ Venous Thromboembolism Prevention in the Ambulatory Cancer Clinic
- ▶ ArtsCare: Professional Artists and Musicians as Members of the Multidisciplinary Cancer Care Team
- ▶ Providing Psychoeducation to Radiation Oncology Patients to Combat Fatigue: A Quality Initiative Pilot Study