more online @ accc-cancer.org

RESOURCE | Trending Now in Cancer Care

As the demand for cancer services rises in the U.S., cancer programs continue to rank three factors as top challenges to growth: payer reimbursement requirements, the move to value-based payments, and uncertainties in drug pricing reform policies. In ACCC's 2019 survey, the vast majority (88%) of respondents selected improving care coordination as a top opportunity for cost savings. Other areas identified for cost savings opportunities included: improving symptom management (85%); utilization of lower cost drugs through implementation of pathways (76%); and reducing variations in care (72%). Read key findings at accc-cancer.org/trends.

BLOG | Pursuing Quality Cancer Care for Sexual and Gender Minority Patients

These patients are often misrepresented or overlooked in healthcare. Although social acceptance has grown for sexual and gender minority communities, LGBTQ-specific health risks and recommended screenings are not consistently taught to healthcare providers and patients. One way to improve care of this patient population is to promote and collect sexual and gender minority information whenever patient demographics are collected, for example adding language that asks patients their preferred name and pronouns to create gender-neutral intake forms. Read more at accc-cancer.org/acccbuzz-SGM.

PODCAST | The Immunotherapy Patient Perspective

Journalist Mary Elizabeth Williams, one of the first patients treated with combination immunotherapy, discusses her experience as an immunotherapy patient and how to bridge communication gaps among patients, providers, and researchers. At the ACCC 36th National Oncology Conference, Williams shared that communication boils down to "making sure patients and providers are on the same page. Telling the same stories, because stories are how we make decisions. Communication is about empathy and being clear. It's not optional." Hear more at accc-cancer.org/podcast.

WEBINAR | BiomarkerLIVE Resource Library and Lexicon

The important role that biomarkers and molecular profiling play in cancer diagnosis and treatment continues to grow, but keeping pace with this rapidly evolving field can be challenging. ACCC's BiomarkerLIVE program puts a library of resources and a comprehensive glossary of terms at your fingertips, giving you the knowledge and tools to discuss biomarker testing with colleagues and patients. The BiomarkerLIVE Advisory Committee has developed a webinar on how to use these valuable tools, with expert review of the current cancer biomarker landscape and three case examples. Learn any time, anywhere! accc-cancer.org/biomarker-live-webinar.
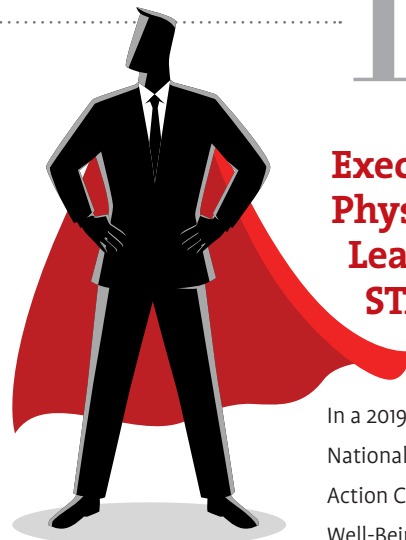
Executive Physician Wellness Leaders Needed STAT!

In a 2019 consensus paper, the National Academy of Medicine's Action Collaborative on Clinician Well-Being and Resilience recommended an executive level physician wellness leader in ALL healthcare delivery organizations. Most organizations have no such leader and many believe there is a shortage of qualified candidates to draw from.

Source. NAM. Taking Action Against Clinician Burnout: A Systems Approach to Professional Well-Being. Available online at nap.edu/catalog/25521 taking-action-against-clinician-burnout-a-systems-approach-to-professional.
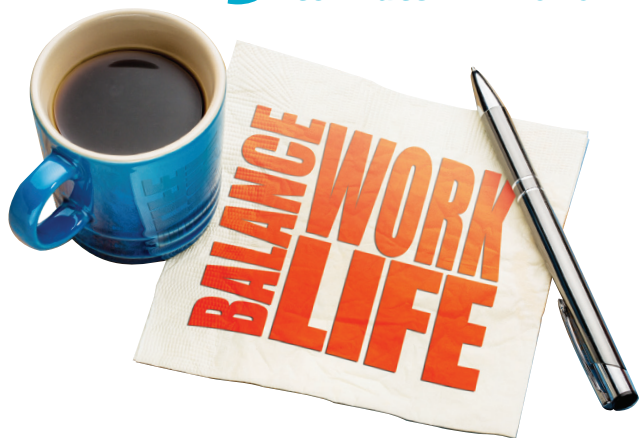
Top 4 Challenges Managers Face

- Juggling management of my team with my other responsibilities—**68%**
- Hitting team goals—**14%**
- Getting my team to collaborate with one another—**11%**
- Retaining my employees—**4%**

Source. 2019 State of One-on-Ones Report. soapboxhq.com/state-of-one-on-ones-report.

facts

5 Wellness Trends to Watch in 2020

1. Financial Wellness. With **64%** of Americans experiencing stress about money,[1] more employers are offering financial wellness programs to educate employees and help improve employee health and productivity.

2. Technology Integration. As wearables and online platforms allow users to sync data in real-time, more employers will move to mobile platforms for health interactions. Allowing employees to connect with their health info via mobile platforms make employer health programs more accessible to remote employees.

3. Wellness at Work. From company walking groups to onsite fitness facilities, more employers are seeing the benefits of small investments, like standing desks and healthier food options in breakrooms.

4. Flexible Work/Life Balance. Advanced technology and an always-on culture means that work isn't restricted to an office or from 9-5. More employers are embracing flexible working hours and remote work in response to Gen Z and Millennials pushing for greater work/life balance.

5. Health Coaching. More employers will add health coaches to their benefits. These coaches can help employees set goals, identify obstacles, and find solutions, creating healthier, more productive workplace cultures.

Source. StayWell Shares Top 5 Employer Wellness Trends in 2020. staywell.com. staywell.com/news/top-5-employer-wellness-trends-in-2020.

1 American Psychological Association. Stress in America: Paying With Our Health. apa. org/news/press/releases/stress/2014/stress-report.pdf.

Physicians Give EHRs an "F" Grade

In a recent study, the usability of current EHR systems received a grade of **"F"** by physician users. The same study found a strong relationship between EHR usability and physician burnout. Study authors recommend, "Given the association between EHR usability and physician burnout, improving EHR usability may be an important approach to help reduce healthcare professional burnout."

Source. Melnick ER, et al. The association between perceived electronic health record usability and professional burnout among U.S. physicians. *Mayo Clinic Proc.* DOI: 10.1016/j.mayocp.2019.09.024.

Generational Differences in Physician Burnout

- **48%** of Generation X physicians report burnout, compared to **39%** of Baby Boomer physicians and **38%** of Millennial physicians.

- **50%** of Baby Boomer physicians say that burnout has had a strong and/or severe impact on their lives, compared to **46%** of Generation X physicians and **38%** of Millennial physicians.

- **77%** of Millennial physicians say that burnout has impacted their relationships, compared to **73%** of Generation X physicians and **69%** of Baby Boomer physicians.

Source. Medscape National Physician Burnout & Suicide Report 2020. medscape.com/slideshow/2020-lifestyle-burnout-6012460?faf=1#1.