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The Sacred and the Profane

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hat is it we hold sacred? For most of my life, I have veered away from the sacred, regarding it as a series of meaningless rules that have little relationship to everyday reality and which, in many cases, appeared to suppress diversity and individual decision making. I hope you will forgive my ignorance.

Culturally, we have tended to put down the sacred as not being 'cool." Only recently as the baby boomers have started to hit advanced middle age have we seen the renaissance of book titles that provoke our attention and thoughtfulness, such as Thomas Moore's series on the Care of the Soul or Coleman Bark's translations of Rumi's provocative Sufi poetry.

Still, we have a long way to go. Reading and thinking about soulfulness and incorporating the idea into the everyday world are tough under the best of circumstances. And, after years of not paying attention, indeed of disparaging the sacred, we are generally clueless about how to respond to it.

One group to which I belong says that to hold something sacred is to entrust, keep in confidence, respect, and honor. It's a good, workable definition that suggests sacred space, for example, is a physical area where men and women can deal with personal and metaphysical issues and be safe. This is a place of vulnerability and danger and is to be honored by the trust and respect shown by all that are present.

Two very different examples of how we interact with the sacred have raised my emotional temperature over the past few days. What they have in common is a triumph of personal need over sacred trust.

The Sacred and the Profane

by Lee E. Mortenson, D.P.A.

The first was a recent appearance in Washington, D.C., of Whirling Dervishes from Turkey. Despite the request of the evening's moderator that the audience recognize the dance as a sacred religious ritual in a sacred space, a number of the audience members couldn't ignore their personal need to take a picture of the dervishes whirling, nor could they refrain from reflexively applauding at the end of the performance. While these might be considered to be common discourtesies, they indicate how readily we ignore someone else's traditions and requests if they interfere with our own habits and needs.

A second example may strike you as more important, but the two are linked at their core. At ACCC's recent Oncology Presidents' Retreat, we heard from our oncology nursing colleagues that a number of registered nurses are reporting that their hospitals are prohibiting them from wearing any name badge or other indication that they are an R.N., ostensibly as a means of keeping patients from knowing how few of their personnel are qualified for the work that they are doing! Of course, if hospitals can prohibit nurses from indicating their credentials, they can do it to others. Even if this practice affects only nurses, it is still profane.

Honoring an individual's personal achievement or the wishes of a religious order to hold its space sacred are hallmarks of our respect for each other. This respect means that we cannot always have our personal needs met. While it may seem too late for us to suddenly recognize the sacred, perhaps we are just in time to begin to recognize that we must model respect, honor, and courtesy as a way to bring soulfulness back to our culture. 🕲