**Immuno-Oncology Survivor Support Resources**

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| Where to find reliable information about your condition | * American Cancer Society: [www.cancer.org](http://www.cancer.org) * National Cancer Institute: www.cancer.gov * American Society of Clinical Oncology: www.cancer.net * National Comprehensive Cancer Network (NCCN): www.nccn.org/patients/ * National patient advocacy organizations: [See attached for references to include. Consider tailoring to needs of IO survivor] * [Cancer center web resource] |
| Where to find survivors like you | * Cancer Support Community: www.cancersupportcommunity.org/find-location-near-you * Cancer-specific online or in-person support groups/peer support [See resource list to tailor] * [Local general cancer or disease-specific support group if cancer program has one or is able to identify one] |
| Where to find emotional support professionals | * CancerCare: 1-800‑813‑HOPE (4673), www.cancercare.org * Cancer Support Community: 1-888-793-9355, www.cancersupportcommunity.org * [Cancer center counseling department or local counseling referral] |
| Where to find support for your family/loved ones | * CancerCare: 1-800‑813‑HOPE (4673), www.cancercare.org * Cancer Support Community: 1-888-793-9355, www.cancersupportcommunity.org * National patient advocacy organizations: www.nccn.org/patients/advocacy/default.aspx  [Consider tailoring to needs of IO caregiver] * [Counseling center or local counseling referral] |
| Where to find mobile apps that can help me manage anxiety | * Calm app (has a fee) * Headspace (has a fee) * UCLA Mindful (free of charge) * Smiling Mind (free of charge) |

| CANCER TYPE | PATIENT ADVOCACY ORGANIZATIONS | ONLINE MESSAGE BOARD OR ONLINE SUPPORT GROUP | PEER-TO-PEER  MATCHING | IN PERSON  SUPPORT GROUPS |
| --- | --- | --- | --- | --- |
| General | American Cancer Society: [www.cancer.org](http://www.cancer.org)  CancerCare : [www.cancercare.org](http://www.cancercare.org/)  Cancer Support Community : [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org/)  National Coalition for Cancer Survivorship: [www.canceradvocacy.org](http://www.canceradvocacy.org) |  | Matching for all cancer types:   * Cleveland Clinic 4th Angel Program: [www.4thangel.ccf.org](http://www.4thangel.ccf.org) * Cancer Hope Network: [www.cancerhopenetwork.org/patient-and-caregiver-support/](http://www.cancerhopenetwork.org/patient-and-caregiver-support/) * Friend for Life: [www.friend4life.org/get-matched/](http://www.friend4life.org/get-matched/) * Imerman Angels: [www.imermanangels.org/find-mentor-angel/](http://www.imermanangels.org/find-mentor-angel/) |  |
| Breast cancer | Living Beyond Breast Cancer: [www.lbbc.org](http://www.lbbc.org/)  Sharsheret (The Jewish Breast & Ovarian Cancer Community): [www.sharsharet.org](http://www.sharsharet.org)  Susan G. Komen: [www.komen.org](http://www.komen.org/)  Metastatic Breast Cancer Alliance: [www.mbcalliance.org](http://www.mbcalliance.org/)  Young Survival Coalition: [www.youngsurvival.org](http://www.youngsurvival.org)  After Breast Cancer Diagnosis (ABCD): [www.abcdbreastcancersupport.org](http://www.abcdbreastcancersupport.org)  Triple Negative Breast Cancer Foundation: [www.tnbcfoundation.org](http://www.tnbcfoundation.org) | CancerCare Metastatic Breast Cancer Group: [www.cancercare.org/support\_groups/44-metastatic\_breast\_cancer\_patient\_support\_group](http://www.cancercare.org/support_groups/44-metastatic_breast_cancer_patient_support_group)  Breast Cancer Post-Treatment Survivorship Group: [www.cancercare.org/support\_groups/180-breast\_cancer\_post-treatment\_survivorship\_support\_group](http://www.cancercare.org/support_groups/180-breast_cancer_post-treatment_survivorship_support_group)  Triple Negative Breast Cancer Group: [www.tnbcfoundation.org/living-with-tnbc/support-groups](http://www.tnbcfoundation.org/living-with-tnbc/support-groups)  Young Survival Coalition: [www.youngsurvival.org/find-support-online](http://www.youngsurvival.org/find-support-online) | Young Survival Coalition: [www.youngsurvival.org/talk-one-on-one](http://www.youngsurvival.org/talk-one-on-one)  After Breast Cancer Diagnosis (ABCD): [www.abcdbreastcancersupport.org/get-support/](http://www.abcdbreastcancersupport.org/get-support/) |  |
| Bladder cancer | American Bladder Cancer Society: [www.bladdercancersupport.org](http://www.bladdercancersupport.org)  Bladder Cancer Advocacy Network: [www.bcan.org](http://www.bcan.org) | Bladder Cancer Online Message Board: [www.inspire.com/ groups/bladder-cancer-advocacy-network/](http://www.inspire.com/groups/bladder-cancer-advocacy-network/) | Bladder Cancer Action Network: [www.bcan.org/survivor-to-survivor/](http://www.bcan.org/survivor-to-survivor/) |  |
| Cervical cancer | National Cervical Cancer Coalition: [www.nccc-online.org](http://www.nccc-online.org) | CancerCare Gynecologic  Cancers Support Group: [www.cancercare.org/ support\_groups/46-gynecologic\_cancers\_patient\_ support\_group](http://www.cancercare.org/support_groups/46-gynecologic_cancers_patient_support_group)  National Cervical Cancer Coalition online message board:  [www.inspire.com/ groups/national-cervical -cancer-coalition/](http://www.inspire.com/groups/national-cervical-cancer-coalition/) |  |  |
| Cholangiocarcinoma | Cholangiocarcinoma Foundation: [www.cholangiocarcinoma.org/newly-dx/](http://www.cholangiocarcinoma.org/newly-dx/) |  |  |  |
| Colorectal cancer | Colorectal Cancer Alliance: [www.ccalliance.org](http://www.ccalliance.org)  Fight Colorectal Cancer: [www.fightcolorectalcancer.org](http://www.fightcolorectalcancer.org)  AliveAndKickin (Lynch Syndrome-linked colorectal cancer): [www.aliveandkickn.org](http://www.aliveandkickn.org) | CancerCare colorectal cancer online group: [www.cancercare.org/support\_groups/45-colorectal\_cancer\_patient\_support\_group](http://www.cancercare.org/support_groups/45-colorectal_cancer_patient_support_group) | Colorectal Cancer Alliance: [www.ccalliance.org/patient-family-support/buddy-program](http://www.ccalliance.org/patient-family-support/buddy-program) |  |
| Gastrointestinal Stromal Tumors (GIST) | Life Raft Group: [www.liferaftgroup.org](http://www.liferaftgroup.org) |  |  |  |
| Head and neck cancer | Head and Neck Cancer Alliance: [www.headandneck.org](http://www.headandneck.org)  SPOHNC (Support for People with Oral Head and Neck Cancers):  [www.spohnc.org](http://www.spohnc.org) | Head and Neck Cancer Alliance: [www.headandneck.org/support-community/](http://www.headandneck.org/support-community/) |  | SPOHNC (Support for People with Oral Head and Neck Cancers) local chapters: [www.spohnc.org/supportive-care/](http://www.spohnc.org/supportive-care/) |
| Hematologic cancers | Leukemia and Lymphoma Society:  [www.lls.org](http://www.lls.org)  Lymphoma Research Foundation: [www.lymphoma.org](http://www.lymphoma.org)  Multiple Myeloma Research Foundation: [www.themmrf.org](http://www.themmrf.org)  CLL Society: [www.cllsociety.org](http://www.cllsociety.org) | Blood cancers support group: [www.cancercare.org/support\_groups/41-blood\_cancers\_patient\_support\_group](http://www.cancercare.org/support_groups/41-blood_cancers_patient_support_group) | Leukemia and Lymphoma Society: [www.lls.org/support/peer-to-peer-support](http://www.lls.org/support/peer-to-peer-support) |  |
| Liver cancer | Blue Faery, The Adrienne Wilson Liver Cancer Association: [www.bluefaery.org](http://www.bluefaery.org)  Global Liver Institute: [www.globalliver.org](http://www.globalliver.org) |  |  |  |
| Lung cancer | LUNGevity Foundation: [www.lungevity.org](http://www.lungevity.org)  Go2 for Lung Cancer: [www.go2.org](http://www.go2.org)  American Lung Association: [www.lung.org](http://www.lung.org) | CancerCare telephone support group: [www.cancercare.org/support\_groups/2-lung\_cancer\_patient\_support\_group](http://www.cancercare.org/support_groups/2-lung_cancer_patient_support_group)  LUNGevity: [www.lungevity.org/for-patients-caregivers/support-services/lung-cancer-support-community](http://www.lungevity.org/for-patients-caregivers/support-services/lung-cancer-support-community)  American Lung Association: [www.inspire.com/groups/american-lung-association-lung-cancer-survivors/](http://www.inspire.com/groups/american-lung-association-lung-cancer-survivors/) | Go2 for Lung Cancer: [www.go2.org/resources-and-support/emotional-support/phone-buddy/](http://www.go2.org/resources-and-support/emotional-support/phone-buddy/)  LUNGevity Foundation: [www.lungevity.org/for-patients-caregivers/support-services/peer-to-peer-mentoring](http://www.lungevity.org/for-patients-caregivers/support-services/peer-to-peer-mentoring) | Go2 for Lung Cancer, support groups by state: [www.go2.org/resources-and-support/support-groups/](http://www.go2.org/resources-and-support/support-groups/) |
| Melanoma | Aim at Melanoma Foundation: [www.aimatmelanoma.org](http://www.aimatmelanoma.org) | CancerCare support group: [www.cancercare.org/support\_groups/132-melanoma\_patient\_support\_group](http://www.cancercare.org/support_groups/132-melanoma_patient_support_group) |  | Aim at Melanoma Foundation, support groups by state: [www.aimatmelanoma.org/living-with-melanoma/support-groups/](http://www.aimatmelanoma.org/living-with-melanoma/support-groups/) |
| Ovarian cancer | Ovarian Cancer Research Alliance (OCRA): [www.ocrahope.org](http://www.ocrahope.org)  Sharsheret (The Jewish Breast & Ovarian Cancer Community): [www.sharsheret.org](http://www.sharsheret.org)  Clearity Foundation: [www.clearityfoundation.org](http://www.clearityfoundation.org) |  | OCRA: [www,ocrahope.org/patients/peer-support-woman-to-woman/](https://ocrahope.org/patients/peer-support-woman-to-woman/) |  |
| Pancreatic cancer | PanCAN:  [www.pancan.org](http://www.pancan.org) | CancerCare pancreatic cancer support group: [www.cancercare.org/support\_groups/172-pancreatic\_cancer\_patient\_support\_group](http://www.cancercare.org/support_groups/172-pancreatic_cancer_patient_support_group) | PanCAN: [www.pancan.org/facing-pancreatic-cancer/patient-services/](http://www.pancan.org/facing-pancreatic-cancer/patient-services/) | PanCAN: [www.pancan.org/facing-pancreatic-cancer/resources-support-and-research/support-groups/](http://www.pancan.org/facing-pancreatic-cancer/resources-support-and-research/support-groups/) |
| Prostate cancer | Prostate Cancer Foundation: [www.pcf.org](http://www.pcf.org)  Us TOO: [www.ustoo.org/Home](http://www.ustoo.org/Home) | Us TOO:  [www.ustoo.org/Take-Action-Get-Connected](http://www.ustoo.org/Take-Action-Get-Connected)  Prostate Cancer Foundation online support groups: [www.pcf.org/patient-resources/patient-navigation/support-groups/](http://www.pcf.org/patient-resources/patient-navigation/support-groups/) |  | Us TOO: [www.ustoo.org/Support-Group-Near-You](http://www.ustoo.org/Support-Group-Near-You) |
| Renal cell cancer | Kidney Cancer Association: [www.kidneycancer.org](http://www.kidneycancer.org) | Kidney Cancer Association group: [www.inspire.com/groups/kidney-cancer-association/](http://www.inspire.com/groups/kidney-cancer-association/) |  |  |
| Stomach cancer | Gastric Cancer Foundation: [www.gastriccancer.org/](http://www.gastriccancer.org/)  Hope for Stomach Cancer: [www.stocan.org/](http://www.stocan.org/) | Hope for Stomach cancer message board: [www.smartpatients.com/partners/stocan](http://www.smartpatients.com/partners/stocan)  [Gastric Cancer Foundation](https://gastriccancer.org/patient-resources/community-resources/) |  |  |
| Testicular cancer | Testicular Cancer Foundation: [www.testicularcancer.org/](http://www.testicularcancer.org/) |  |  |  |

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