

*Improving Cancer Care in SW  
Sonoran Desert  
-LDCT Screening*

**Raju Vaddepally, MD**

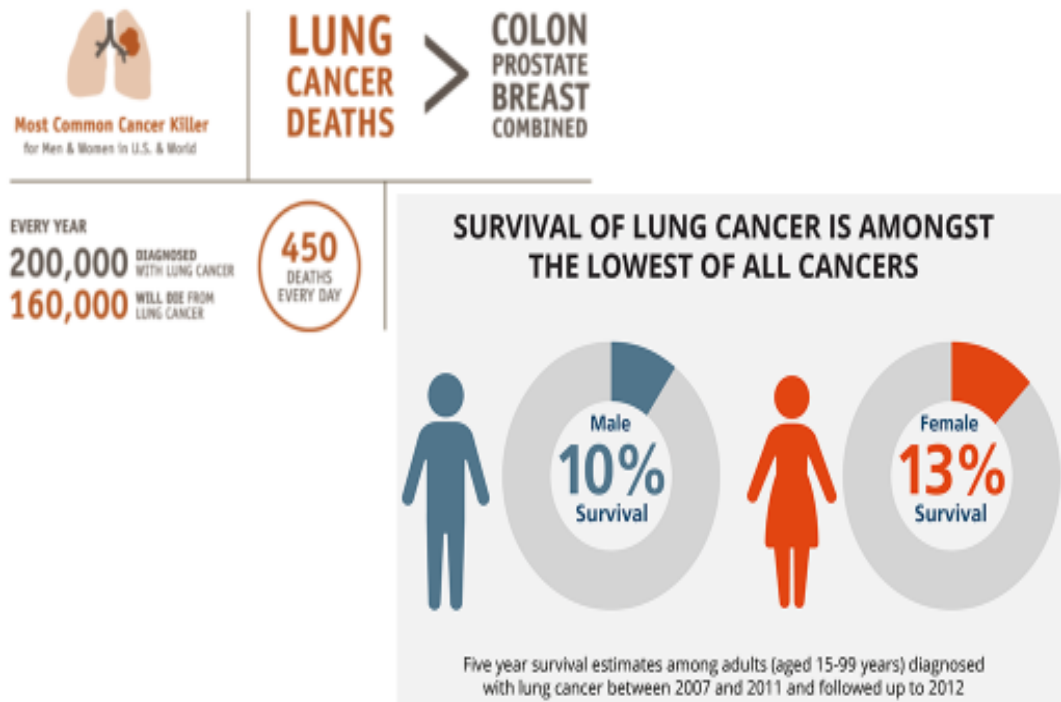
**Lee Health Cancer Center, Fort Myers, FL**

**Previous President for The Arizona Oncology Society TACOS**

**Executive Committee for ACCC Immuno-Oncology Institute & SITC**



# Project purpose



- About 135K deaths from lung cancer in 2020 (Men slightly more than women)
- Lung cancer is leading cause of death among both men and women, making up almost 25% of all cancer deaths



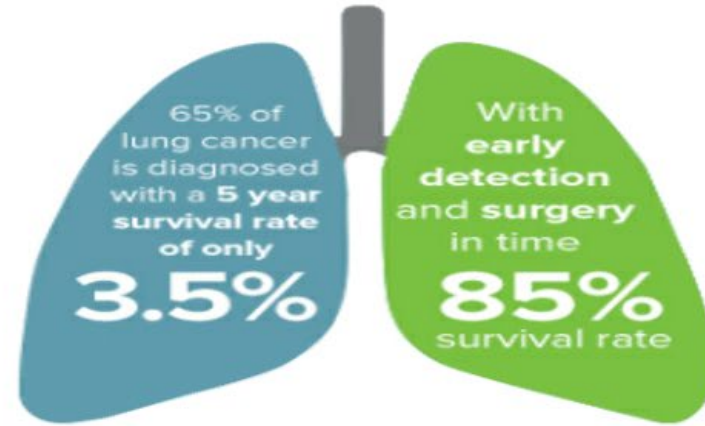
SURGERY



RADIATION



CHEMOTHERAPY



Lung Cancer  
Screening  
**Could Save  
Your Life**

**AN OUNCE  
OF PREVENTION**  
IS MORE THAN WORTH  
*a pound of cure*

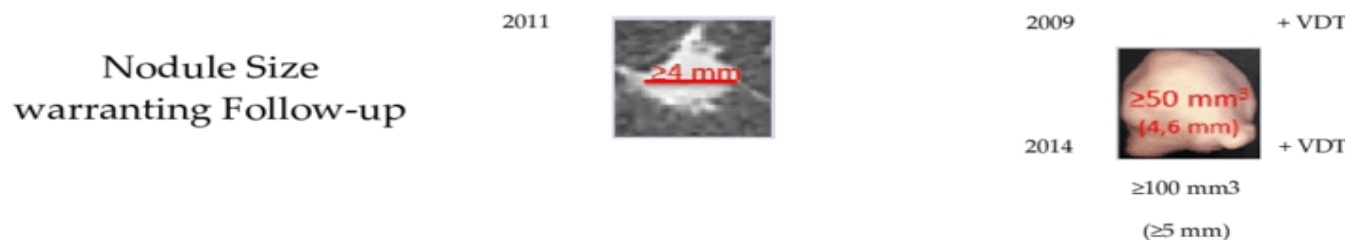


# Reducing Lung Cancer Mortality

Author: The NELSON Study Group

Published August 2014

	NLST	NELSON
Country	USA	BE/NL
Enrollment	2002–2004	2003–NR
Number of Centers	33	4
Number of screens	3	3
Screening planned at years	1, 2 and 3	1, 2 and 4
Comparison	LDCT vs Xray	LDCT vs usual care
Population		
Age	55–74	50–69 (50–75)
Smoking (pack-years)	≥30	>15*
Sex	both (male 59%)	men <sup>o</sup> (male 84%)
Years since quit	≤15	≤10
Patients Screened, <i>n</i>	26,722 vs 26,732	7907 vs 7915
Planned follow-up, <i>y</i>	>7	10



LC diagnosed at screening, %	1.02	0.9
5mm Reduction of LC mortality	20%	26% <sup>o</sup>

## e CT

Ernst T. Scholten, M.D., et al.

\*, ≥15 cigarettes/day for 25 years or ≥10cigarettes/day for 30 years ; <sup>o</sup>, both in Belgium; VDT, volume doubling time ; <sup>a</sup>, in men.

## USPSTF draft criteria for lung cancer screening:



- Age 50 years
- 20 pack-years of smoking history
- Currently smoking or quit within the past 15 years



Research Letter | Oncology

## Prevalence of Lung Cancer Screening in the US, 2022

Louise M. Henderson, PhD; I-Hsuan Su, MS; M. Patricia Rivera, MD; Joyce Pak, MPH; Xiaomeng Chen, MSPH; Daniel S. Reuland, MD, MPH; Jennifer L. Lund, PhD

In this cross-sectional study, expanded USPSTF eligibility criteria were associated with 5,371,908 additional individuals eligible for with relative increases highest for Asian, Black, Hispanic, and female individuals, aligning with the goal of reducing race and ethnic and sex disparities in eligibility

While approximately 619,054 newly eligible individuals were screened under expanded recommendations, 2022 [lung cancer screening] prevalence remained low (16.4%). Prior analyses using 2013 USPSTF criteria reported prevalence rates of 12.8% in 2019 (20 states) ... and 21.2% in 2021 (4 states), indicating a similar prevalence rate in 2021 and 2022 (19.6%)





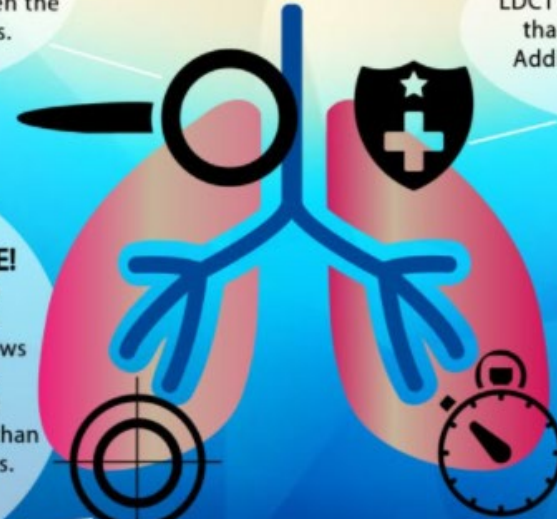
## 4 Advantages of Low-Dose CT

**1. DETAIL IS KEY!**  
LDCT provides more detailed imaging than traditional chest x-rays, detecting even the smallest abnormalities.

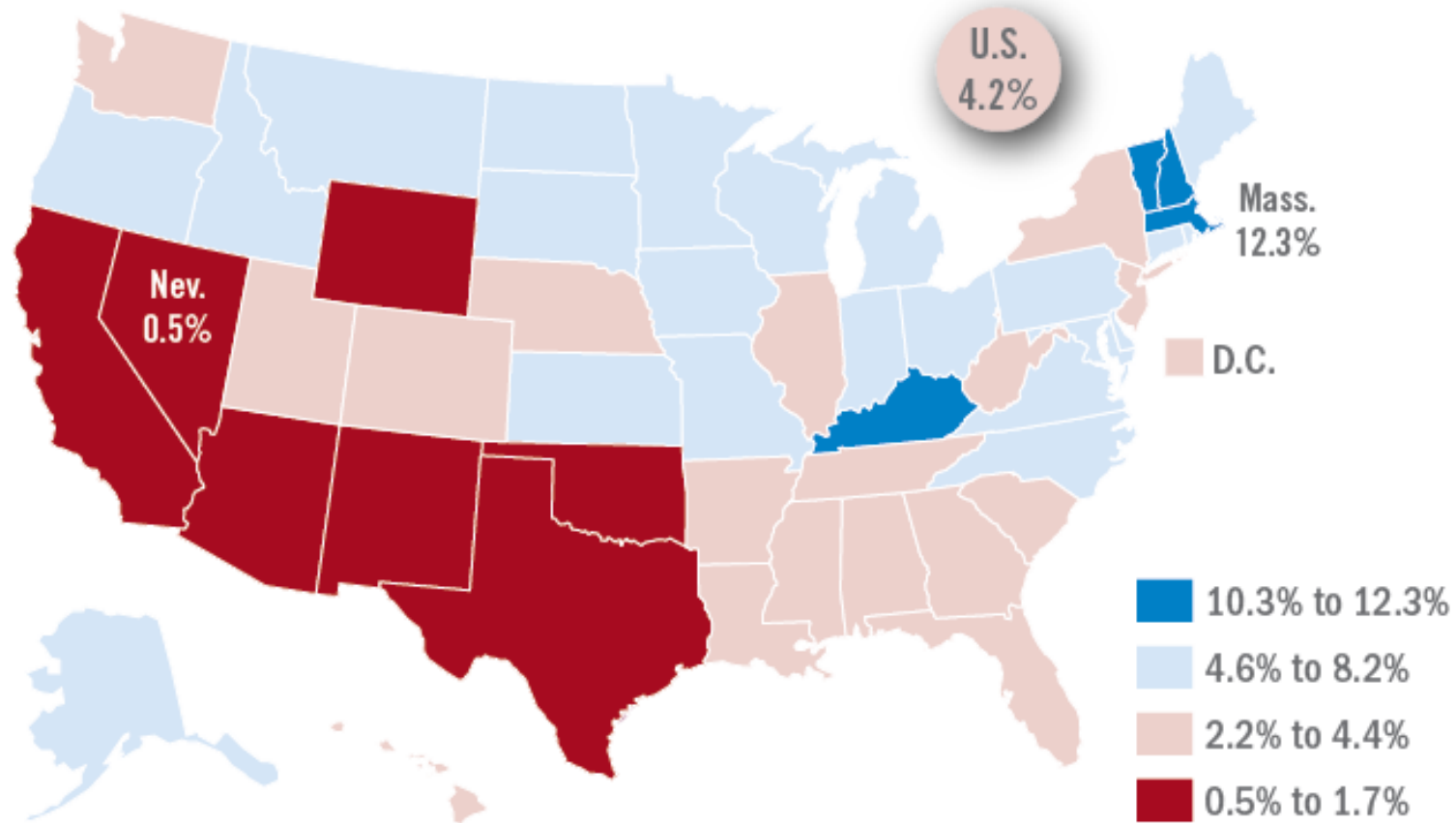
**2. SAFETY FIRST!**  
LDCT gives off 90% less radiation than a conventional CT scan. Additionally, the exam requires no imaging contrast.

**4. MORE ACCURATE!**  
More detailed images means more accurate diagnoses. Research shows that LDCT scans save more lives of those at high risk of lung cancer than traditional chest x-rays.

**3. SPEED!**  
LDCT usually takes less than 10 minutes. Images are taken during a single breath hold.



## Lung cancer screening rates among the high-risk population



Note: Based on data from the American College of Radiology's Lung Cancer Screening Registry state-level comparison for 2018.

Source: American Lung Association

# Deterrents for implementing a LDCT lung screening program



**Low cancer rates  
identified from screening**



**Technology and labor  
cost**



**Low rates of  
reimbursement.**



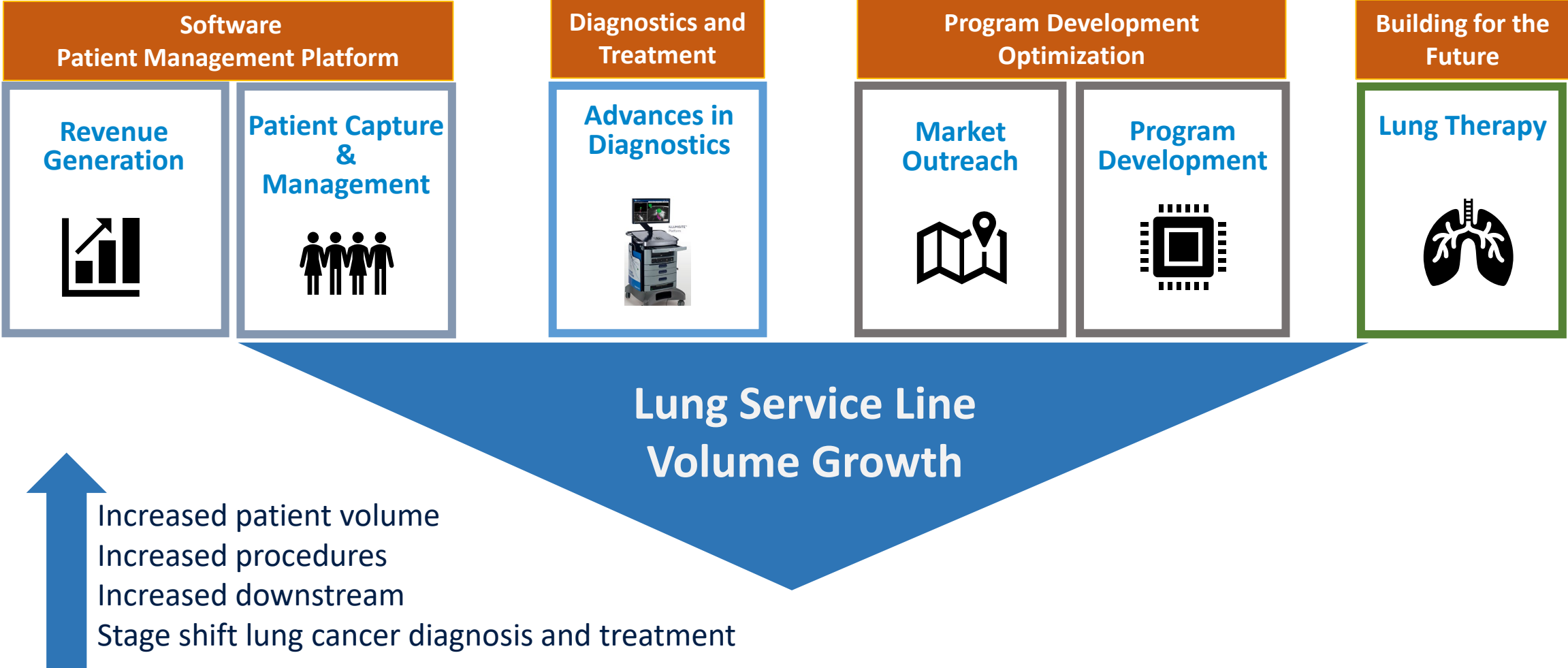
**The American Lung  
association reports only  
2% of the eligible high-  
risk population is  
screened in Arizona.**

This is significantly lower than 6%  
of the national rate



***Yuma will benchmark  
against self and  
collaborate with external  
facilities to identify best  
practices and correlations  
to national data***

# Why build a lung program?



# Impact of Project



To increase early-stage cancer diagnosis



To increase curative treatment options



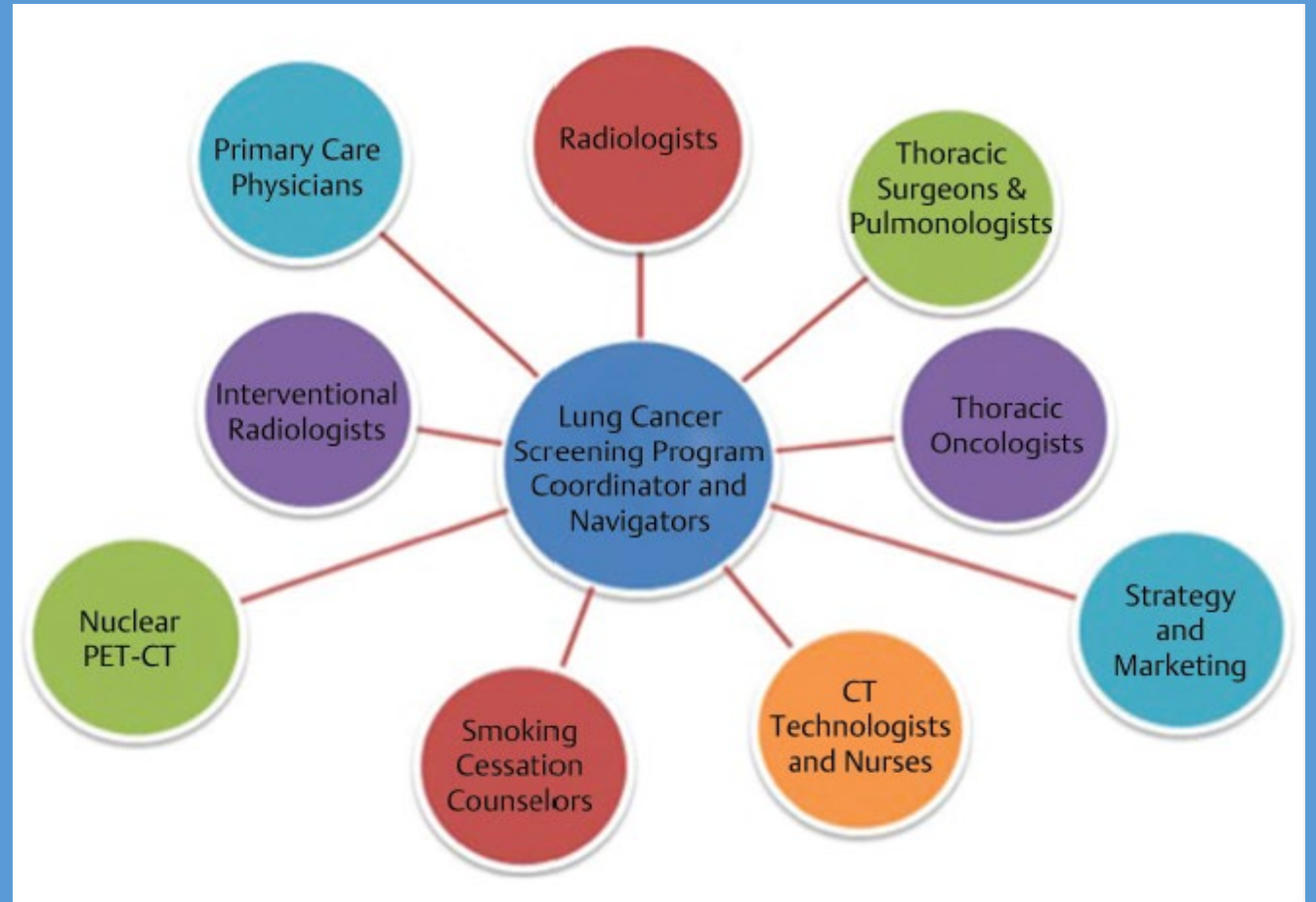
To impact overall survival rates of lung cancer



Thereby reducing mortality among high-risk patients

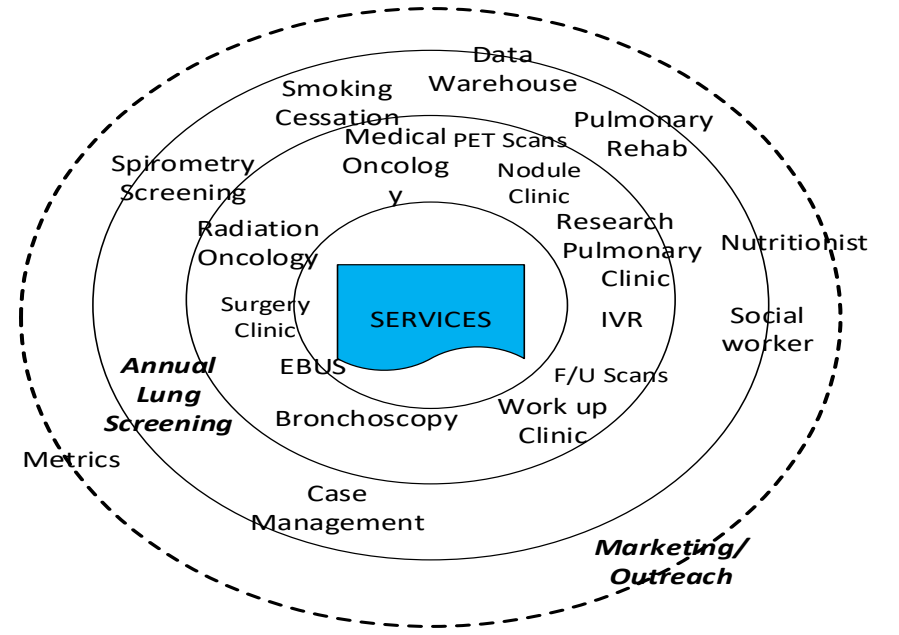
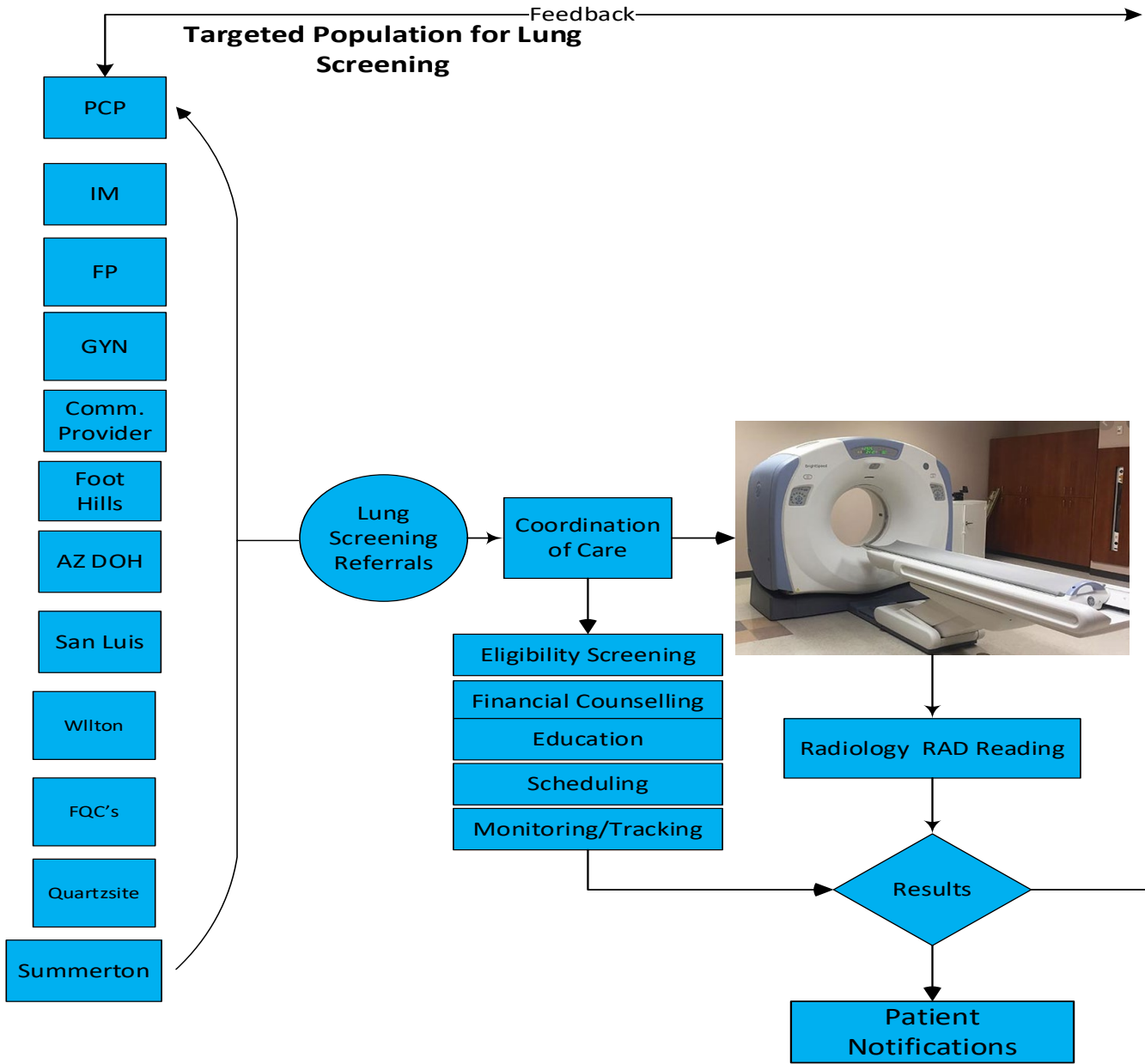


TEAMWORK





# Lung Health & Screening Program



Lung Tumor Board

Referrals

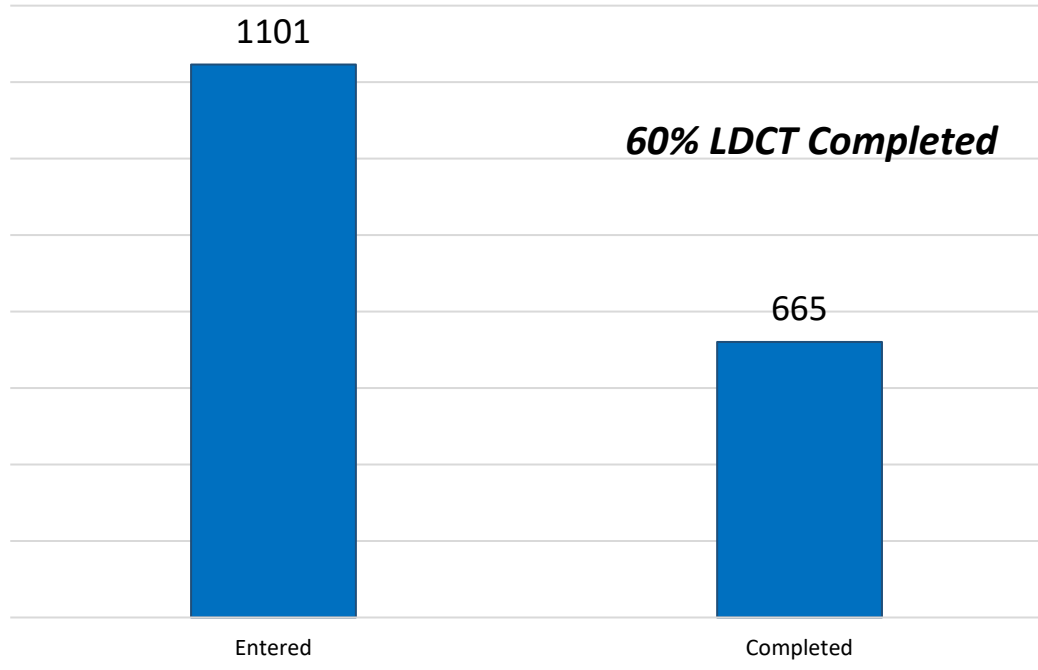


## Yuma County Data

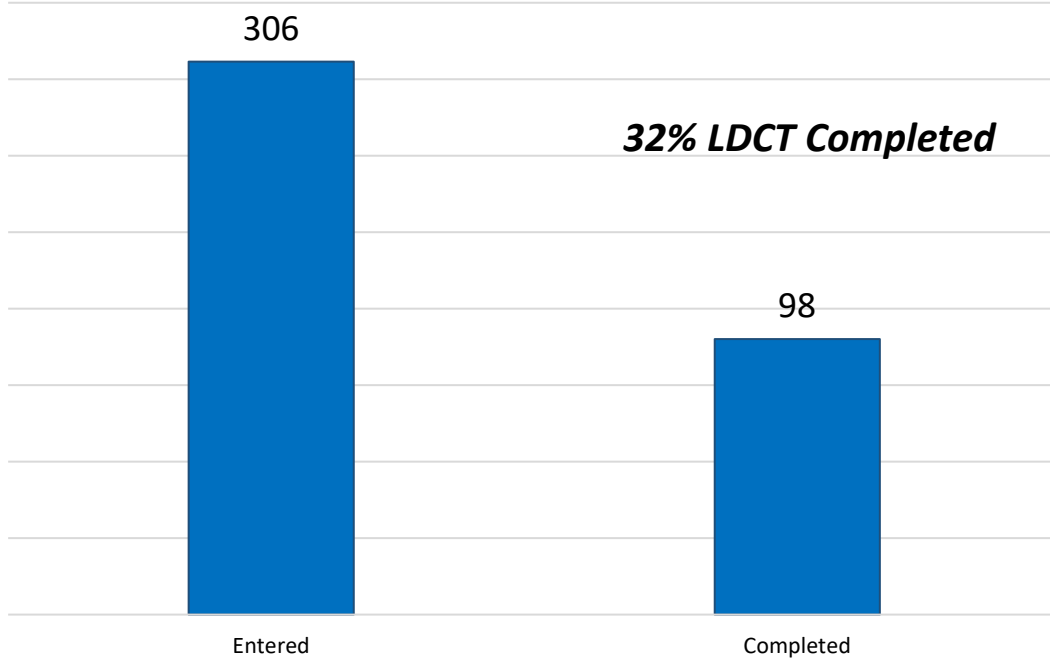
PARAMETER	DATA POINT	POPULATION
Total population <sup>1</sup>	Census Data	216,240
Population 55-74 <sup>1</sup>	Census Data	43,544
% Current smokers <sup>2</sup>	14.9%	6,488
Add 50% for former smokers <sup>3</sup>	7.5%	3,265
Estimated total smokers	22.4%	9,753
Estimated % of smokers with 30+ pack years <sup>4</sup>	33.0%	3,218
Estimated number of positive findings <sup>5</sup>	24.2%	778

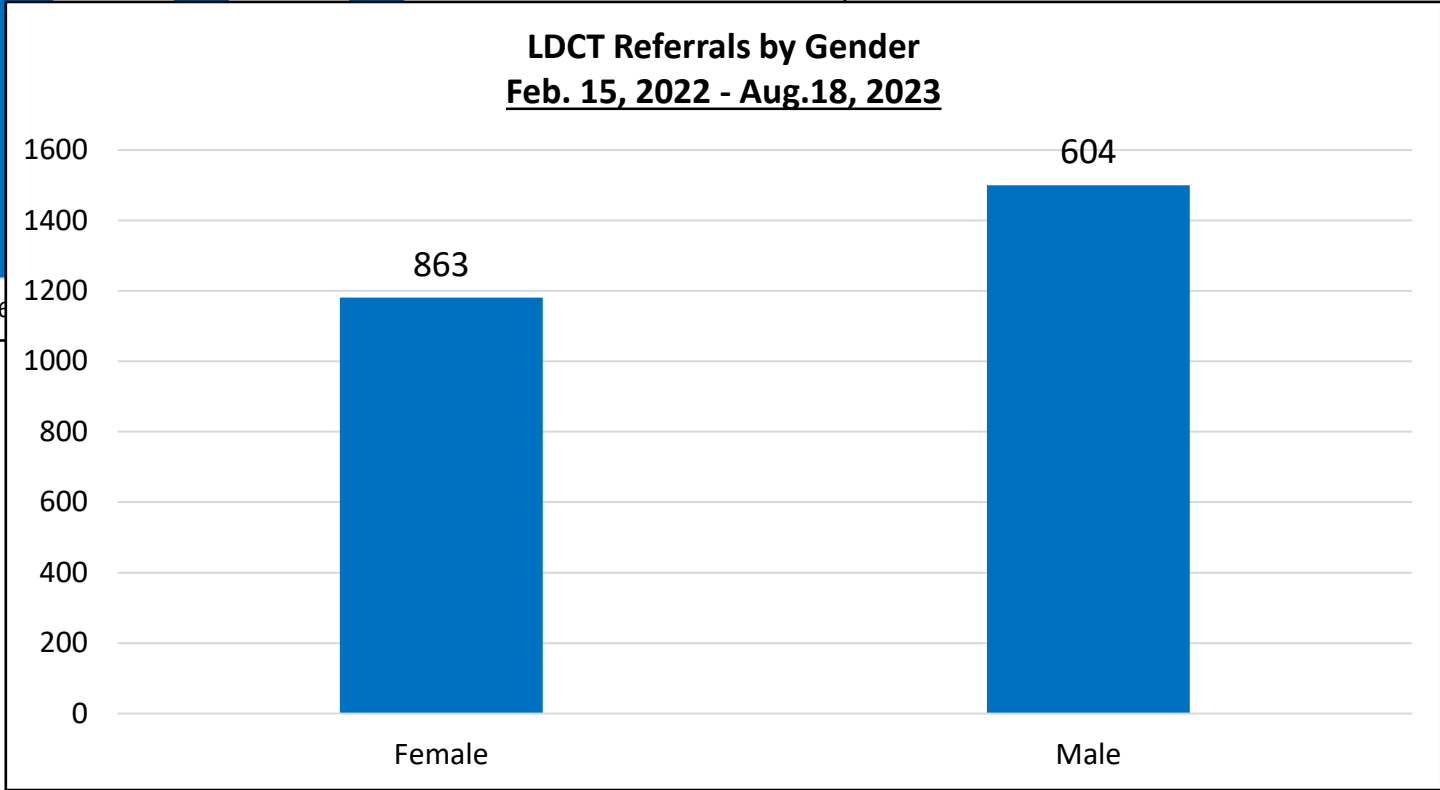
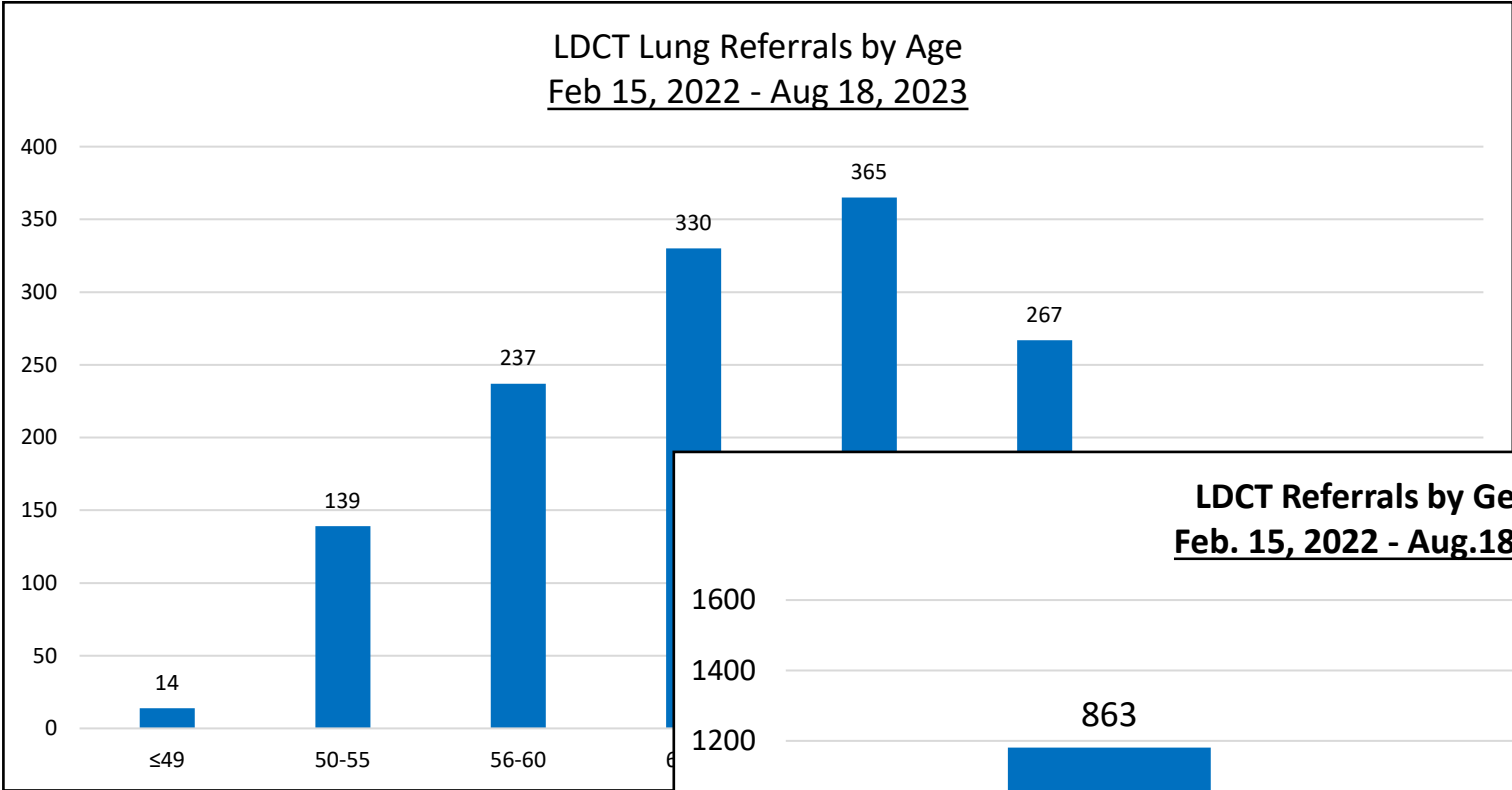
- Yuma has about 30% more cases with stage III and IV lung cancers as compared to the rest of Arizona
- We see about 100 new-analytic lung cancer patients at our cancer center

2023

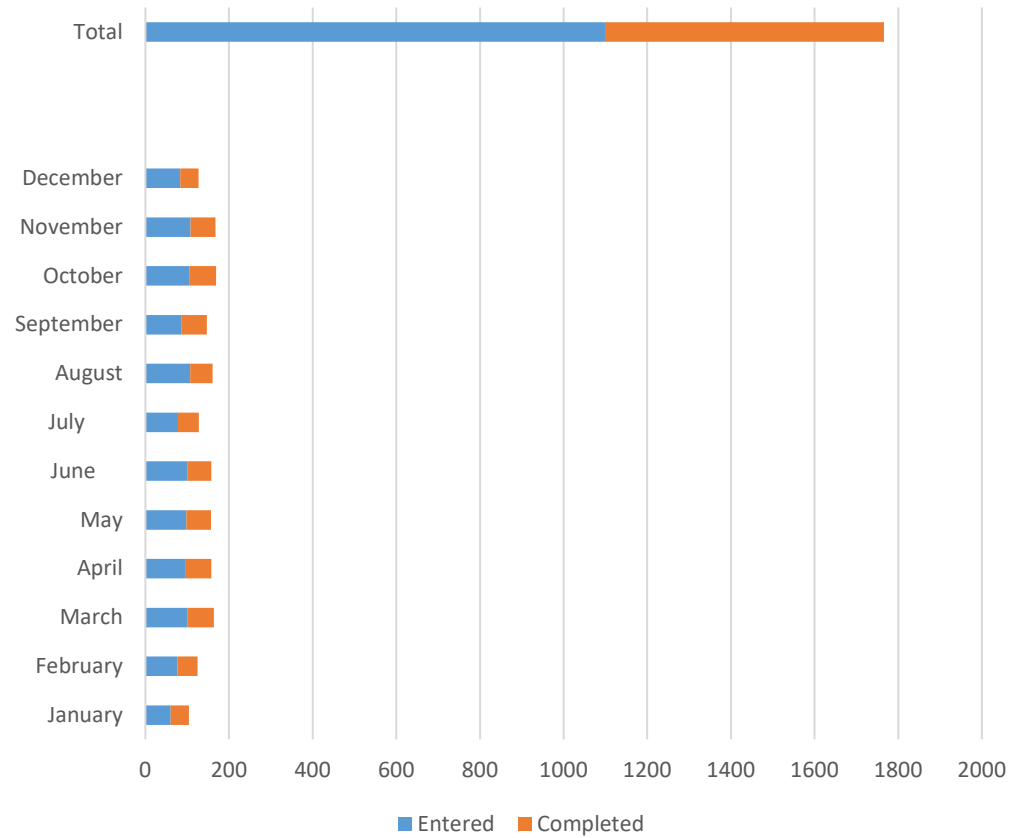


2024

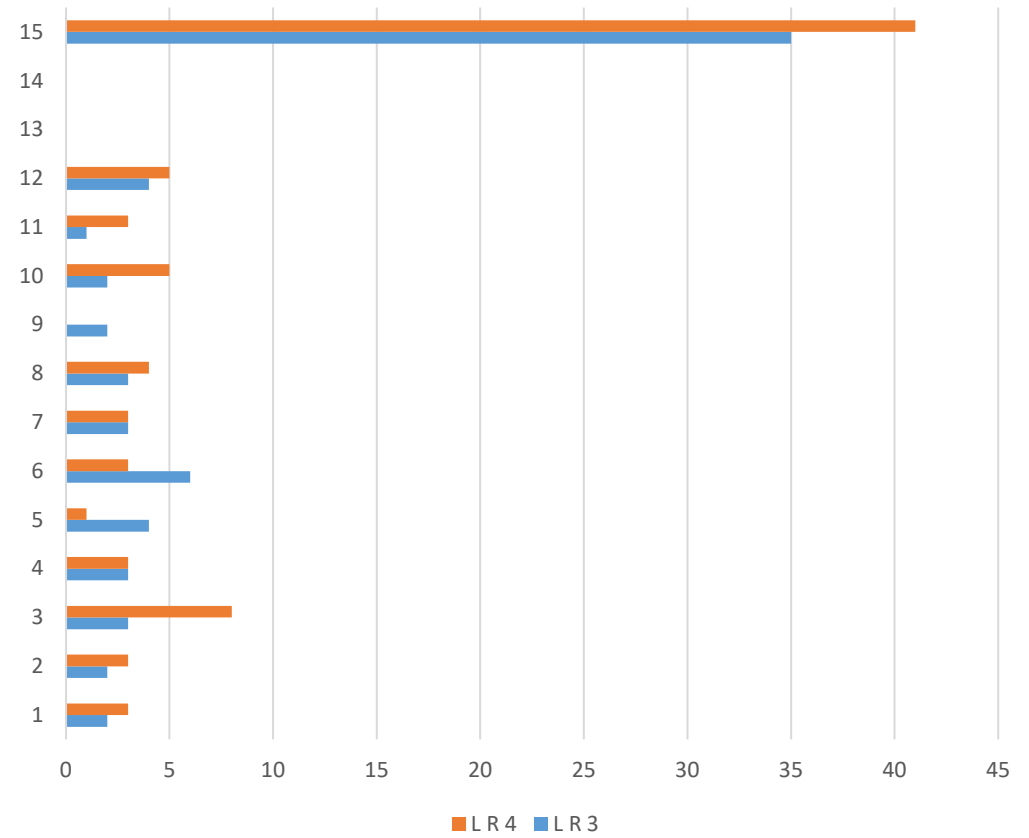




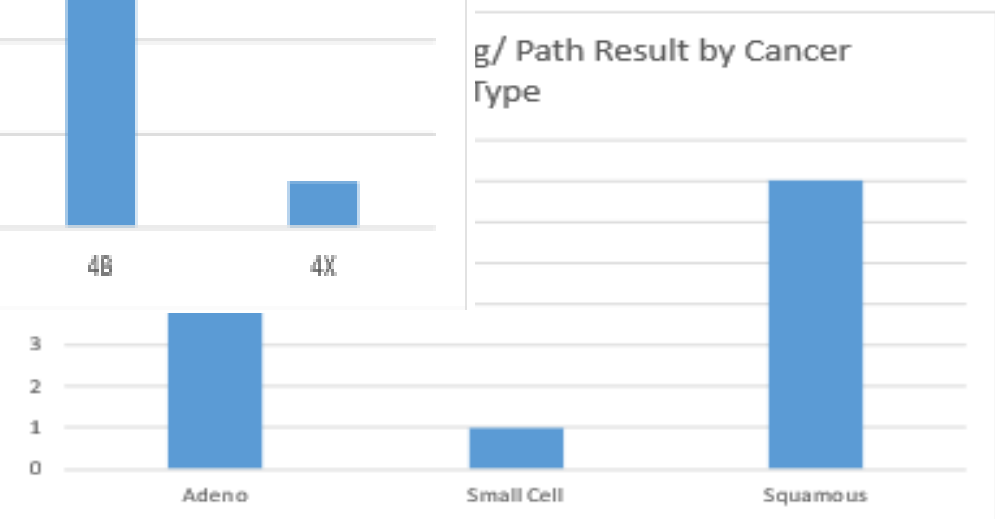
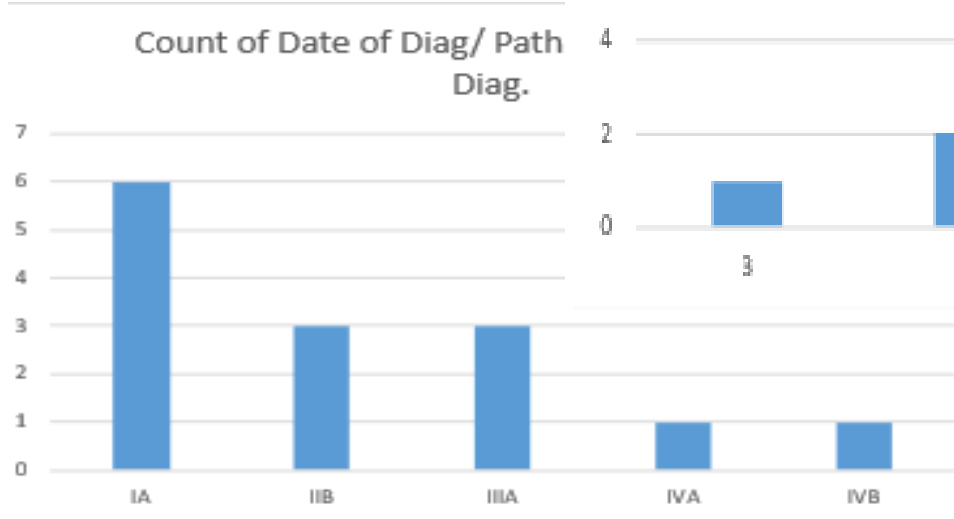
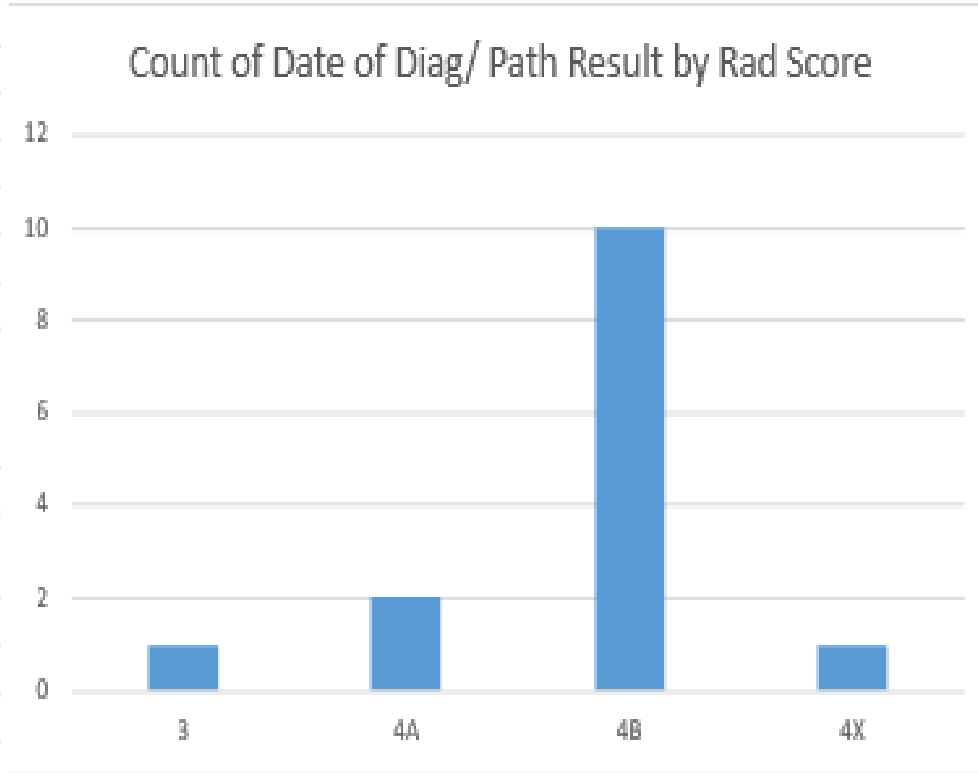
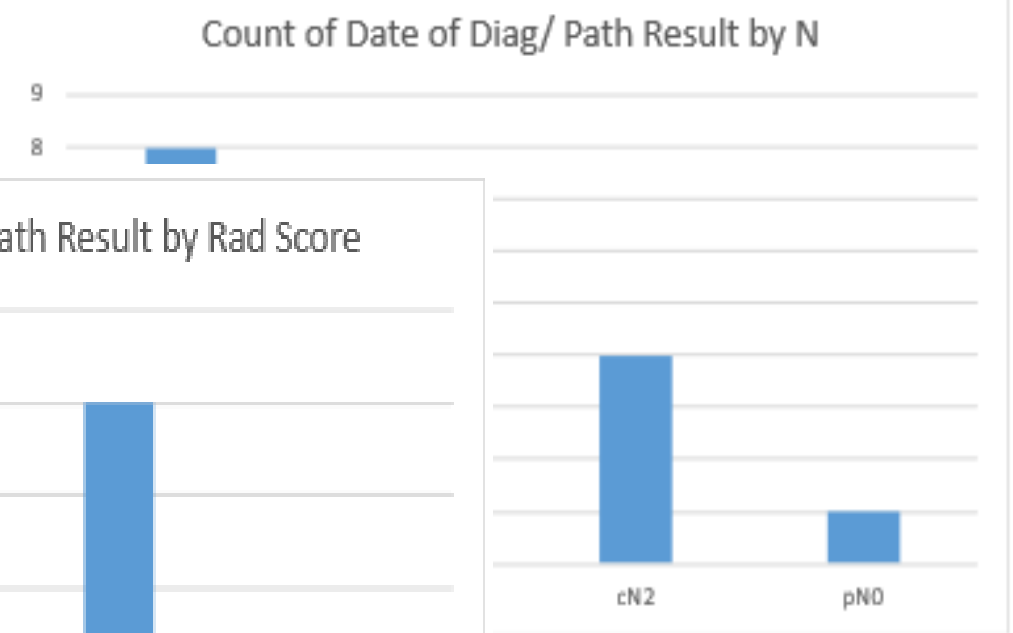
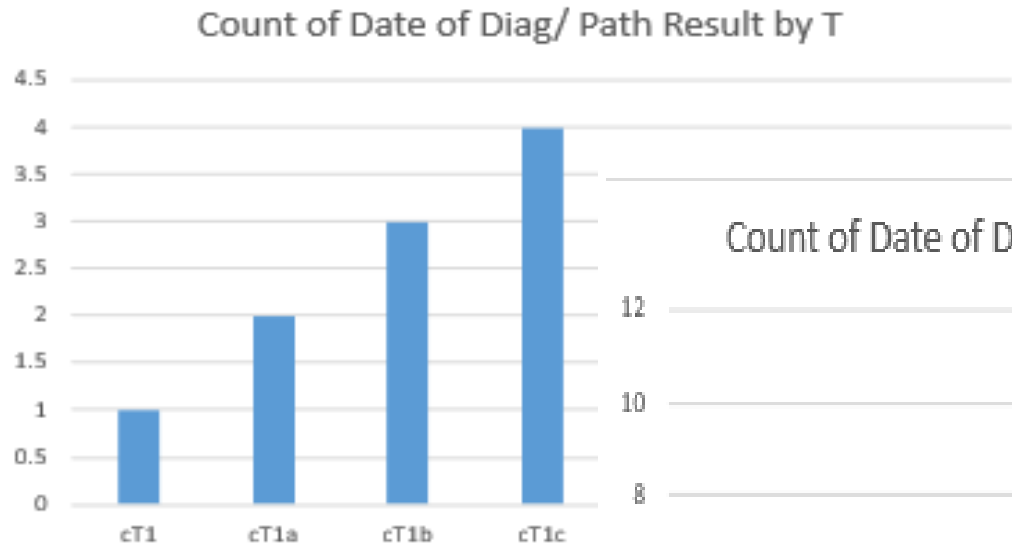
## 2023 Data



## 2023 Lung RADS 3&4



# Yuma Cancer Data till Dec' 2023



# Project Summary

Multidisciplinary team available to guide management of findings

Lung Program Coordinator- Carmen Pulido

Multidisciplinary Lung Nodule Conference

Lung nodule Clinic

Certify Radiology- ACR registry

Electronic scheduling, tracking and monitoring data (LungView)

EBUS program

Community Partners- Amb/FM/IM YRMC, Sunset, San Luis Walk In Clinic, Prison System,

Education and Outreach- HRA on YRMC website

Tobacco cessation

Program Metrics (eligibility, CMS coverage, adherence, yearly follow up, incidental findings, volumes, payers etc.)

# Research Needs & Gaps

Overcoming bureaucracy implementing the program and uptake in cancer screening in the communities.



Implementing in more diverse community settings as the balance of benefits and harms differs from those observed in RCTs.

among racial/ethnic minorities, among populations socially

economically disadvantaged (for whom smoking prevalence and lung cancer incidence is higher)

in settings that screen greater numbers of women



Research to identify

Biomarkers that can accurately identify persons at high risk is needed to improve detection and minimize false-positive results

Technologies that can help more accurately discriminate between benign and malignant lung nodules is needed

Risk prediction models to select patients for lung cancer screening

# Teamwork makes dreamwork!

- Valorie Harvey
- Abhinav Chandra, MD, MBA
- Carmen Pulido
- Shaun List





Thank you  
for your  
time!

CS468449

