Enhancing Equity in Clinical Research: Lessons from Community Oncology Engagement Efforts

Tennessee Oncology Practice Society
Annual Meeting 14 May 2022

Dr. Richard Lewis Martin III, MD, MPH (he/him/his)
Meharry Medical College



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Disclaimer





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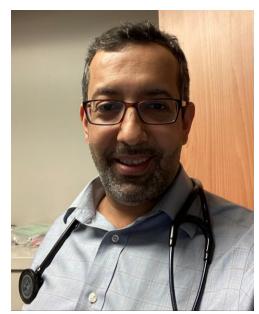
Kimberly Thomas, RN, CCRP, LCN Regulatory Affairs Director S Meharry Medical College



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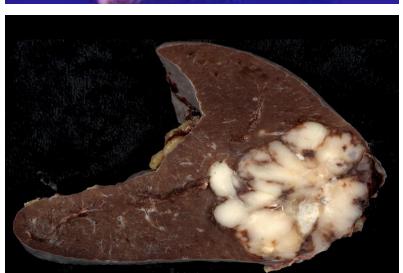
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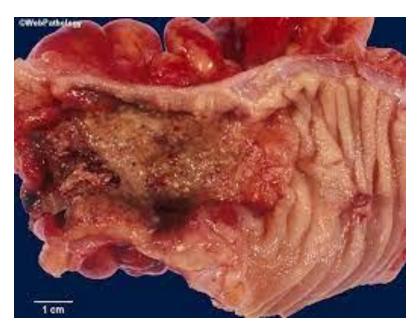
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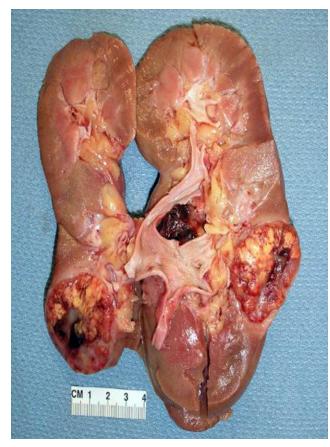


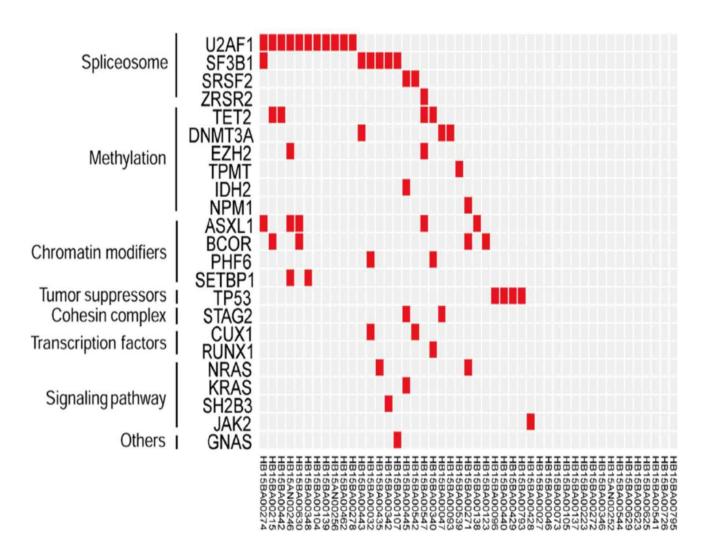






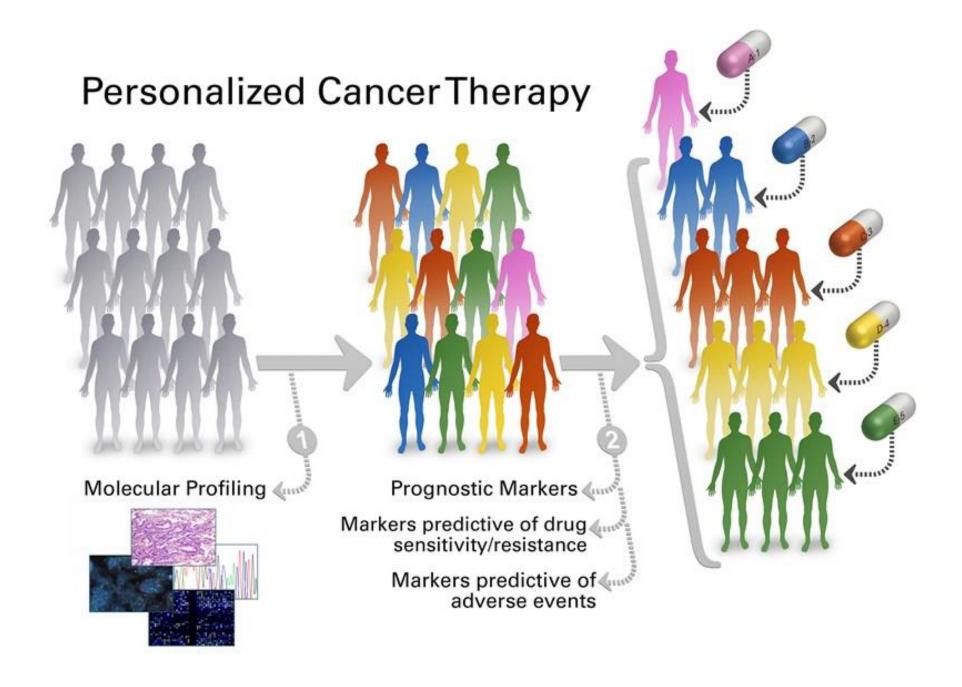








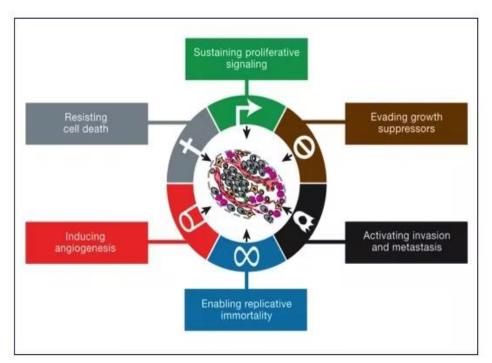






Disease vs. Patient

CANCER MODEL

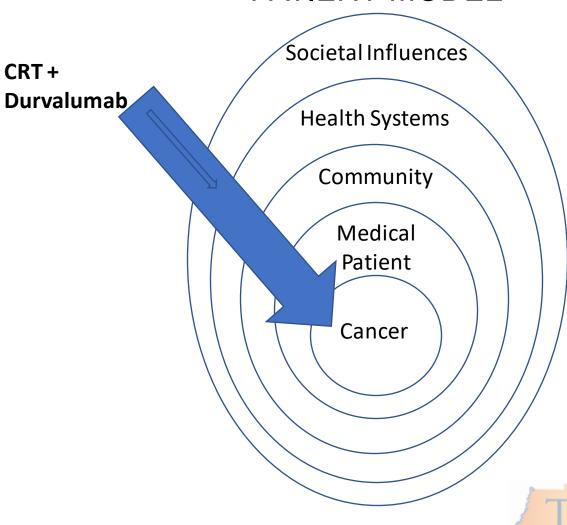


Cancer



PATIENT MODEL

Practice Society



Objectives

What is Equity? Why does it matter? What is our current record?

• What has changed? Are we prepared to change?

• Share lessons on building equity into clinical oncology research.

• Can equity in research translate to equity in practice?



Why Does Health Equity Matter?

- Values: Justice, Solidarity, Integrity, Compassion
- Duty: Hippocratic Oath, Service to All



Why does Health Equity Research Matter?



63 y/o black female (she/her/hers)

New metastatic NSCLC adenocarcinoma. 50 pack year smoking history (no LDCT screening) ECOG2, CKD2, HTN, COPD

FH: sarcoidosis

NGS: No current molecular targets, PDL1 70% Patient interested in immunotherapy and wants to know data supporting use

What do you tell her?



Immunotherapy Trial Representation

Tumor Type	Clinical Trial and Treatment Agent	Trial Design and Population		Racial Composition (%, N)*			
			Sample Size (N)	Caucasian	Black or African American	Asian	Other
Melanoma	CheckMate 067 ³⁵ Nivolumab +/– ipilimumab	Global phase III, previously untreated	945	97.5%	0%	1.1%	1.5%
				921	0	10	14
	CheckMate 037 ³⁶ Nivolumab	Global phase III, previously treated	405	98.3%	0.7%	0.5%	0.5%
			,	398	3	2	2
Squamous cell carcinoma of the head and neck	CheckMate 141 ³⁷ Nivolumab	Global phase III, previously treated	361	83.1%	3.6%	11.9%	1.4%
			_	300	13	43	5
Non–small cell lung cancer	CheckMate 057 ³⁸ (non-squamous) Nivolumab	Global phase III, previously treated	582	92%	3%	3%	3%
				533	16	17	16
	KEYNOTE 010 ³⁹ Pembrolizumab	Global phase II/III, previously treated	344 -	72%	4%	21%	1%
				246	13	73	5
	OAK Trial ⁴⁰ Atezolizumab	Global phase III previously treated	850 -	70%	2%	21%	7%
				598	16	180	56
Renal cell carcinoma (clear cell)	CheckMate 025 ⁴¹ Nivolumab	Global phase III, previously treated	821	88%	1%	9%	3%
				720	5	74	22
Urothelial carcinoma	IMvigor211 ⁴² Atezolizumab	Global phase III, previously treated	931	72.1%	0.3%	12.7%	14.8%
				671	3	118	138
Gastric and gastroesophageal	KEYNOTE 059 ⁴³ Pembrolizumab	Global phase II, previously treated	259	77.2%	1.9%	15.8%	5.0%
junction cancer (PD-L1+)			_	200	5	41	13

^{*}General U.S. population racial composition: 76.6% white, 13.4% black or African American, 5.8% Asian, 18.1% Hispanic or Latino.



Why does Health Equity Research Matter?



43 y/o black male (he/him/his)

New metastatic colon cancer No significant PMH, works out, cares about fitness

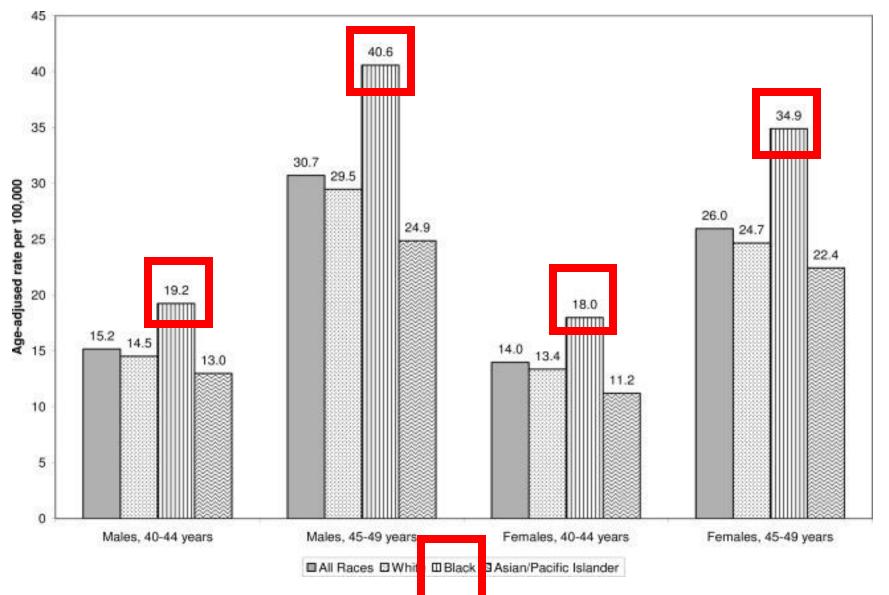
FH: Colon Cancer in Mother 60s deceased

Patient is devastated.
Asks how this could have happened to him?

What do you tell him?



Colorectal cancer in U.S. adults younger than 50 years of age, 1998–2001







Updated Colorectal Cancer (CRC) Screening Recommendations 2021

- Average Risk Age 45-49 (Category B)
- Racially Focused Recommendations: NONE

Rationale for Expanding Screening Guidelines

Incidence has always been high among young Blacks

Now increasing in young Whites and Hispanics/Latinos

Insufficient empirical evidence on benefit/harm of earlier CRC screening in Blacks

NCI CISNET modeling does not support different screening strategies by race

Why does Health Equity Research Matter?



39 y/o transgender Latina (she/her/hers)

PMH: Transitioned with gender affirming surgery and hormones ~10yrs ago, asthma, T2DM

FH: TNBC Mother Age 65 (dx 2mo ago)

Interested in breast cancer screening given her mother's recent diagnosis. Wants to know if USPSTF and NCCN guidelines include her? Wondering if her chance of BRCA1/2 mutation is greater than white women?

What do you tell her?



Transgender Patient Data*

Extrapolated risk from cisgender women HRT studies

- Gooren et al (2013) Incidence Rate = 4.1 per 100,000py TW, 170 per 100,000py CW
- Brown and Jones (2015) Incidence Ratio = 0.7 (95% CI 0.03, 5.57) vs. CM

Institutional Best Practices

- Fenway Health
- UCSF Center for Excellence for Transgender Health
- Endocrine Society Clinical Practice Guidelines

LatinX and Non-White Hispanic Data**

- Lower BC incidence, but younger age, more TNBC
- BRCA1/2 pathogenic allele frequency may be higher
 - Regional BRCA 1/2 variants
 - More VUS due to incompletely understood
- NCCN eligible for BRCA 1/2 testing
 - ~10% NHW
 - ~25% LatinX



^{**} Herzog JS, et al. Nature. 2021

Why Does Health Equity Research Matter?

- Values: Justice, Solidarity, Integrity, Compassion
- Duty: Hippocratic Oath, Service to All
- Practice: Professionalism, Informed Shared Decision Making
- Performance: Standards, Safety, Patient Experience, Outcomes



Equal Treatment = Equal Outcome

Odom BD et al. Active surveillance for low-risk prostate cancer in African American men: a multi-institutional experience. *Urology*. 2014

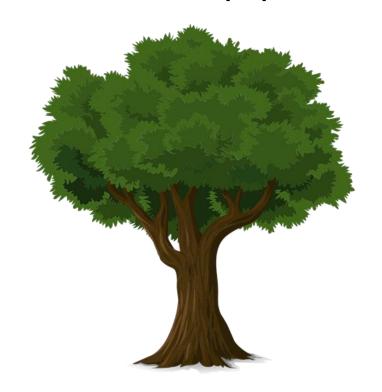
Spratt DE et al. Individual patient data analysis of randomized clinical trials: impact of Black race on castration-resistant prostate cancer outcomes. *Eur Urol Focus*. 2016

Dess RT et al. Association of Black Race with prostate cancer-specific and other-cause mortality. *JAMA Oncol.* 2019

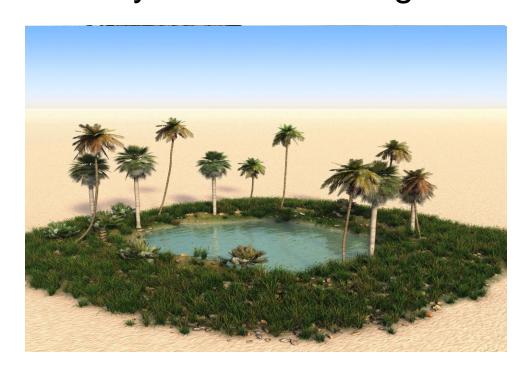
George DJ et al. A prospective trial of abiraterone acetate plus prednisone in Black and White men with metastatic castrate-resistant prostate cancer. *Cancer*. 2021

Individual Experiment

Clinical Equipoise



Totality of Clinical Research Steady and Clear Progress



Objectives

What is Equity? Why does it matter? What is our current record?

• What has changed? Are we prepared to change?

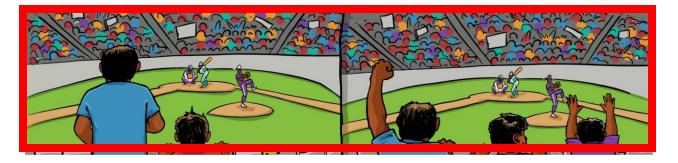
• Share lessons on building equity into clinical oncology research.

• Can equity in research translate to equity in practice?



What is Equity?

DISPARITY



???



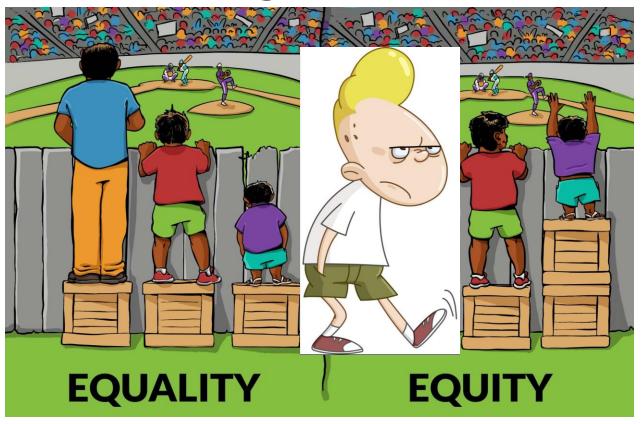
Health Equity

DISPARITY

WHO:

[Health] Equity is the absence of unfair, avoidable or remediable differences [in health] among groups of people, whether those groups are defined socially, economically, demographically, or geographically or by other dimensions of inequality (e.g. sex, gender, ethnicity, disability, or sexual orientation).

"Primum Non Nocere"



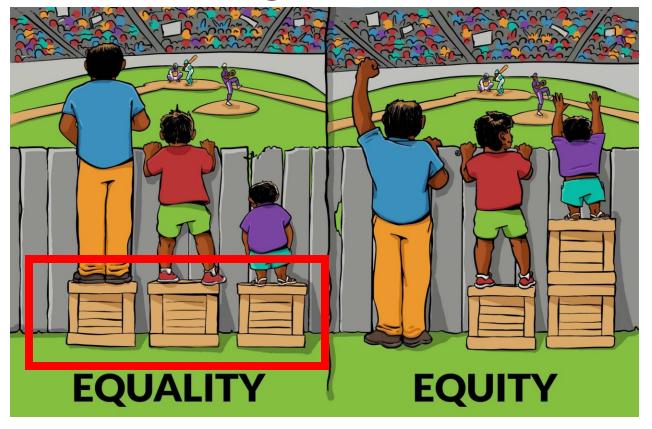


Health Equity

IOM 6th Domain:

[Health] Equity is providing care that does not vary in quality because of personal characteristics such as gender, ethnicity, geographic location, and socioeconomic status

DISPARITY



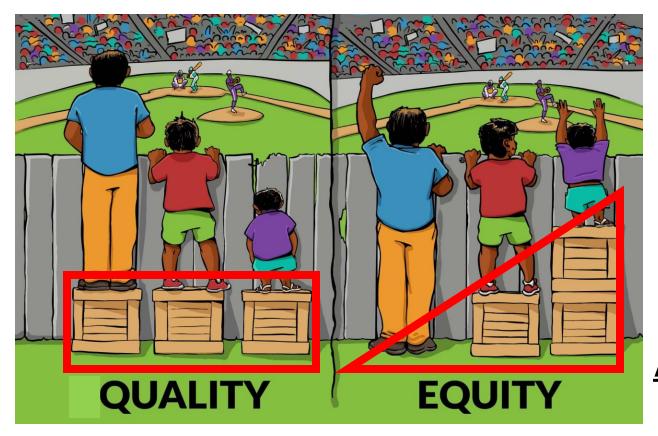


Definitions: Equality vs. Equity

DISPARITY

Quality Oncology Practice Initiative

Committee on Cancer



Food Assistance

Transportation

Educationally Appropriate Materials

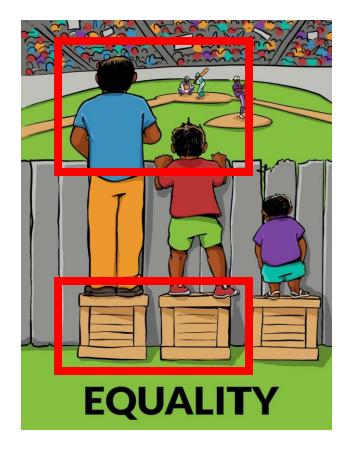
Expanded Clinic Hours

Access to Research



Definitions: Quality vs. Equality vs. Equity

100%





How can we support these facilities?

100%

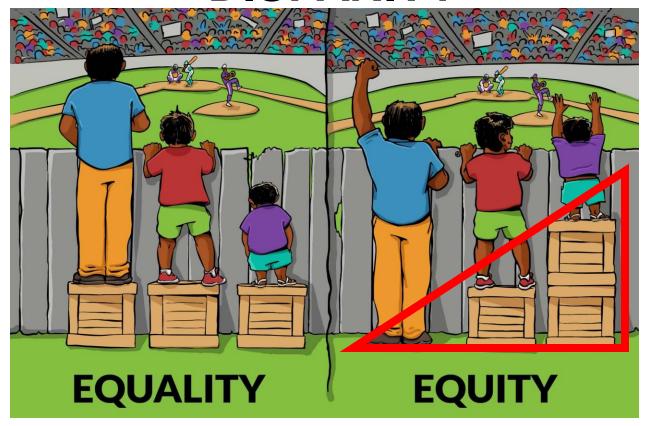


Health Equity

CDC:

[Health] Equity is the state in which everyone has a fair and just opportunity to attain their highest level of health. Achieving this requires focused and ongoing societal efforts to address historical and contemporary injustices; overcome economic, social, and other obstacles to health and healthcare; and eliminate preventable health disparities.

DISPARITY



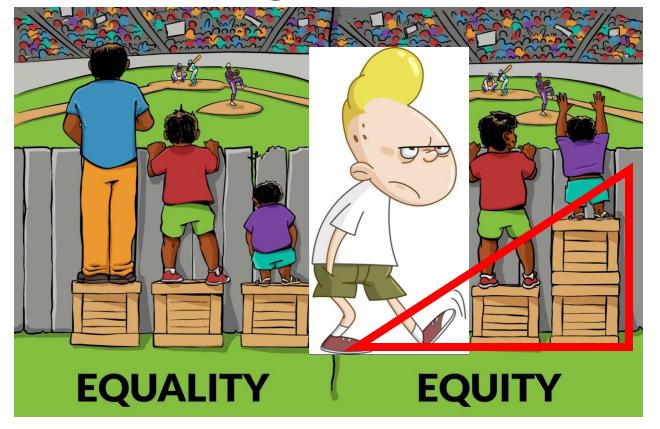


Health Equity

DISPARITY

ACCC:

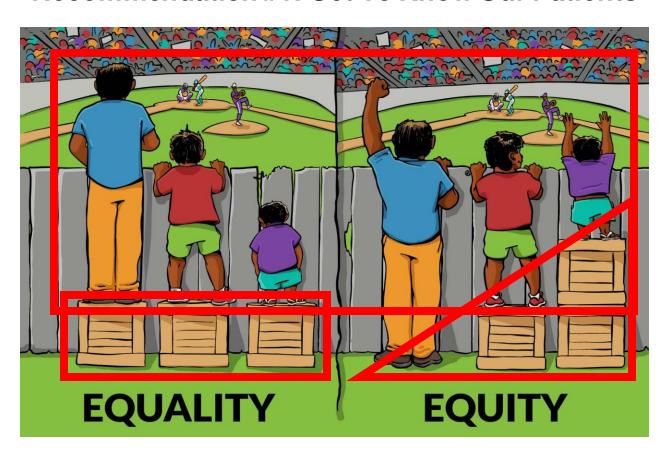
[Health] Equity is achieved when all individuals have the opportunity to reach their full health potential, AND no one is held back from achieving this potential due to social position or other socially determined circumstances.





Definitions: Equity

Recommendation #1: Get To Know Our Patients



Food Assistance

Transportation

Educationally Appropriate Materials

Expanded Clinic Hours

Access to Research







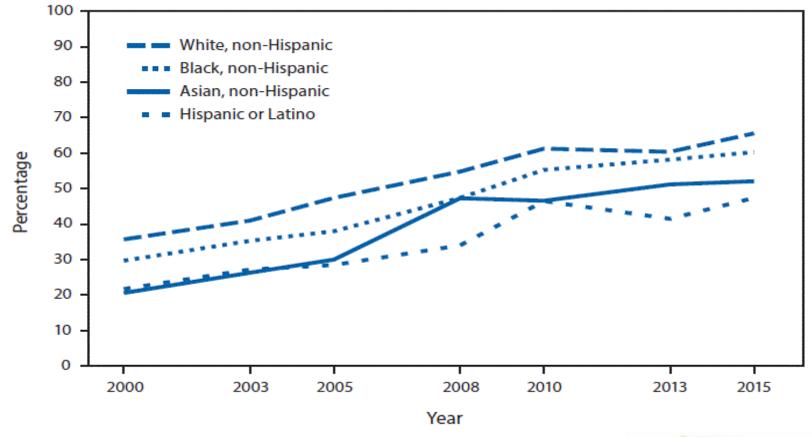


Health Disparities

are **preventable** differences burden of disease, violence, injury, or opportunities achieve to optimal health that are by experienced socially disadvantaged populations.

~CDC Nov. 2020

United States Colon Cancer Screening Rates (by Race)





Socially Disadvantaged Populations (Intrinsic)

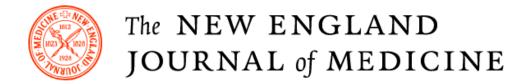
- Women
- African Americans
- Appalachian Poor
- Asian Americans
- Elders
- Immigrants/Refugees
- Latinos/Hispanics
- Persons with Disabilities

- LGBTQA community
- Native Americans
- Overweight People
- Prisoners
- Religious Minorities



Racial Representation in Oncology Trials

Enrollment Characteristic	1990-2000 2001-2010	1990-2000	2001-2010
	Prevention	Treatment	
Articles that reported race/ethnicity	53% 78%	35%	51%
Number of participants included when race/ethnicity information was reported	91,741 91,663	45,815	104,337
White	84,860 (92.5) 74,695 (81.5)	40,803 (89.0)	86,484 (82.9)
African American	5046 (5.5) 10,624 (11.6)	4811 (10.5)	6403 (6.1)
Hispanic	1560 (1.7) 3294 (3.6)	183 (0.4)	2333 (2.2)
Asian	275 (0.3) 65 (0.1)	18 (0.04)	3398 (3.3)
American Indian	14 (0.01) 1 (0.0)	NR	79 (0.1)
Other	NR 2984 (3.3)	NR	5640 (5.4)
Articles with no African American participants	NR 29%	NR	22%



Perspective

A Data Infrastructure for Clinical Trial Diversity

David Blumenthal, M.D., M.P.P., and Cara V. James, Ph.D.

April 27, 2022

DOI: 10.1056/NEJMp2201433

Urgent need for more robust data on race and ethnicity in electronic databases

Could significantly improve speed and efficiency in identifying diverse people for clinical studies

Challenge: reluctance to ask/answer due to discomfort or fear of how data will be used

Social Determinants of Health (Extrinsic)

 Early Childhood Development and Educational Opportunities

- Occupation, Employment, Workplace Safety
- Income Level

Access to Housing and Utilities

Food Insecurity

- Safe Air, Water, Toxin-Free Environment
- Neighborhood Conditions and Physical Environment
- Exposure to Crime and Violence
- Transportation Availability
- Social and Community Inclusivity



Objectives

• What is Equity? Why does it matter? What is our current record?

• What has changed? Are we prepared to change?

• Share lessons on building equity into clinical oncology research.

Can progress in research translate to progress in practice?











<u>1986</u>

First Report on Cancer Disparities by SES/Race

<u>2002</u>

Cancer Action Network

<u>2002</u>

Surveillance and Health Equity Sciences Dept.

2022

RFA: Cancer Health Equity Research Center (\$16mil)

2013

Health Disparities Committee

2017

Strategic Action Plan

2018

Health Equity Committee

2020

Equity Focused Plenary Renewed Action Plan

- Structural Barriers
- Awareness
- Access to Quality
- Equitable Research

<u>2021</u>

Presidents Theme "Equity: Every Patient. Every Day. Everywhere."

2021

Provides Founding Support and Leadership for Appalachian Community Cancer Alliance (ACCA)

- Bristol-Meyers-Squibb
- AstraZeneca

2021

Joins as Partner Appalachian Community Cancer Alliance (ACCA)

2022

Highlights **Equity in Research** at Annual
Meeting ©

Objectives

• What is Equity? Why does it matter? What is our current record?

• What has changed? Are we prepared to change?

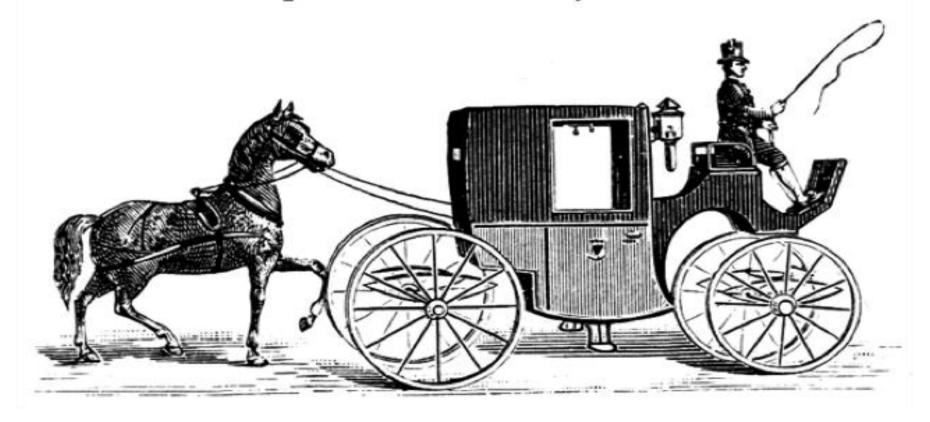
Lessons on building equity into clinical oncology research.

• Can equity in research translate to equity in practice?



LET'S FIND OUR DISPARITIES !!!

This isn't working at all... I should warn others not to put their cart before the horse.



We need you to participate in our research so we can provide you with better care. PLEASE!

Thanks for participating.

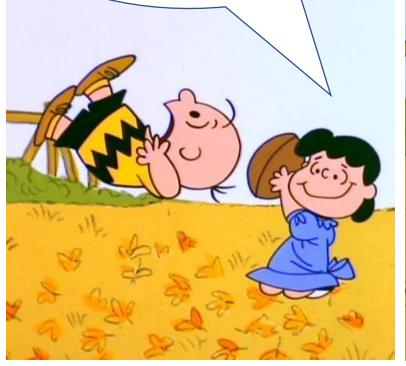
We learned so much from you.

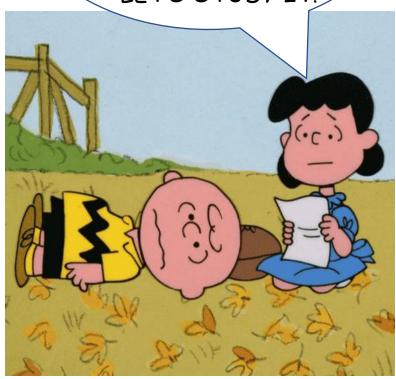
Have a nice day.

Why are 'these people' so hesitant and resistant to seek care and enroll in trials?

I KNOW! LET'S STUDY IT!









55 y/o white male (he/him/his)

New hepatocellular carcinoma PMH HCV treated 2018, Child-Pugh A

SH: Lost job and insurance during COVID

08/2020: ER for RUQ pain - CT Mass, AFP+, Biopsy+, steroids, D/C w/referral

09/2020: Establish Care, Enroll in Nashville Indigent (NI) Program

10/2020: Additional workup of LLQ masses – splenic remnants not cancer

11/2020: Internal Tumor Board – unresectable due to asplenia and mild portal HTN

12/2020: External Tumor Board – resectable at their high-risk program

01/2021: TACE while getting NI approval

02/2021: TACE while patient enrolls in TennCare

03/2021: Original Institution resects HCC





64 y/o Latina female (she/her/hers)

Relapsed/Refractory HPV+ Anal SCC (4th line) PMH: ECOG1, oral controlled T2DM

SH: Nashville Indigent Program
ESL, low health literacy, children help
Food Insecure – Food Pharmacy Beneficiary

03/2020: Obtained external expert advice on possible 4th line therapies

04/2020: Collaborated on possible Phase 1 HPV+ cancer trial

06/2020: Progressed and arranged for OSH Research to contact patient

08/2020: Patient not yet linked with OSH Research

09/2020: Patient fails screening due to elevated bilirubin

OSH not able to provide off-study medical care

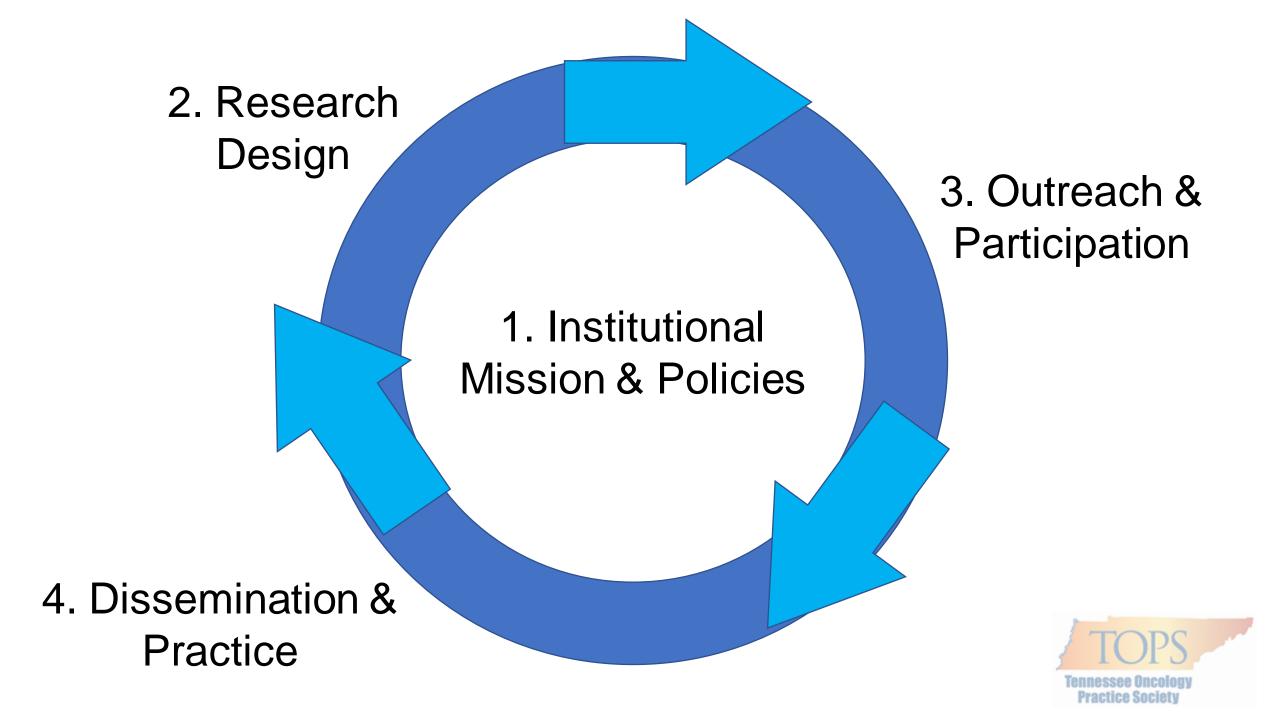
10/2020: Bilirubin unrelated to malignancy, had stone and stricture

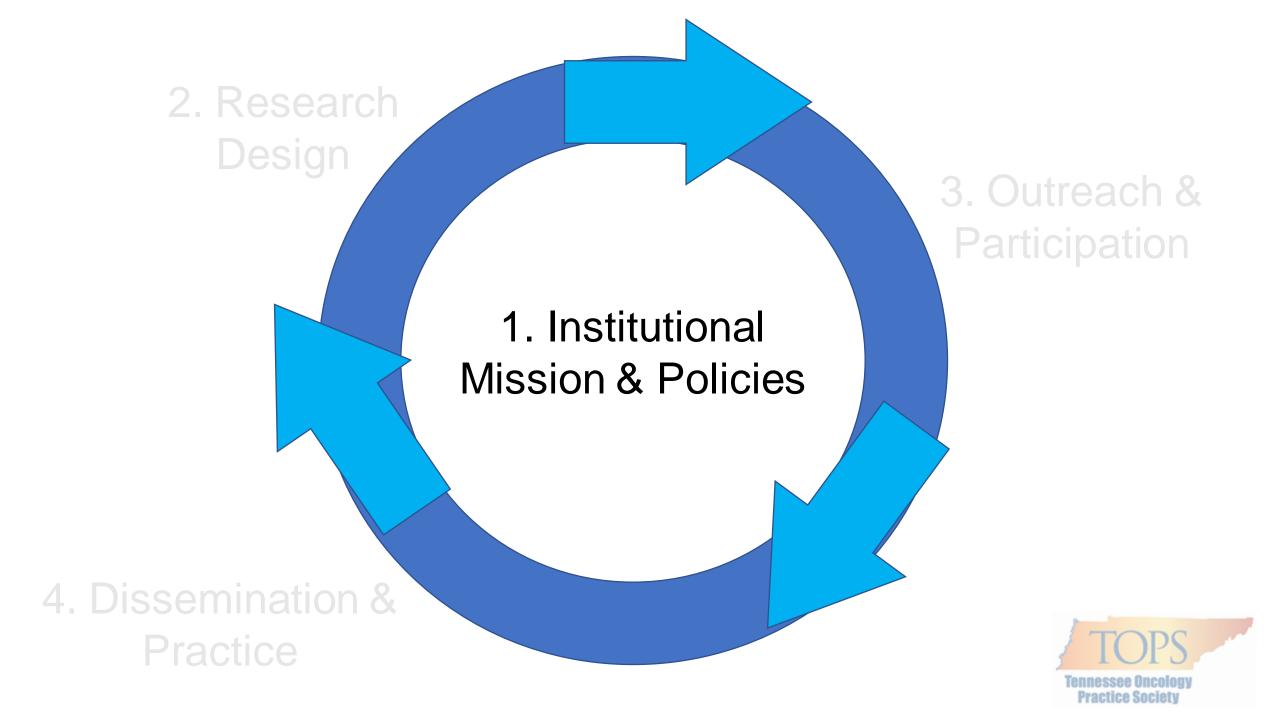
11/2020: Sent back to OSH for ERCP and stenting

12/2020: Progressed, PS declining, transitioned to hospice



Without equitable *clinical care*, how can we conduct equitable *research*?





MISSION	POLICY	
Human Focused	Personalized Care Experience	
Patient Partnered	Implementation Prioritizes Patient	
Seek Non-Medical Expertise	Non-Medical Partners, Advisory Council	
Values/Fosters Diversity	Hiring, Leadership, Promotion	
Deliberative and Reflective	Plan of Action, Committee, Analysis	
Accountable	Accepting of Failure as Opportunity	



EXAMPLE FRAMEWORK:

American Cancer Society
Health Equity Principles
April 2020 Report



©2020, American Cancer Society, Inc No.080774

Research Portfolio Assessment

- 1) Categorize Current Trials
 - Population, Prevention, Cancer Treatment, Supportive
- 2) What percent have an equity focus or endpoint(s)?
- 3) Is enrollment equitable (Adjusted For Catchment Area Population)?

4) Are our research activities helping or hindering Minority-Serving Institutions?

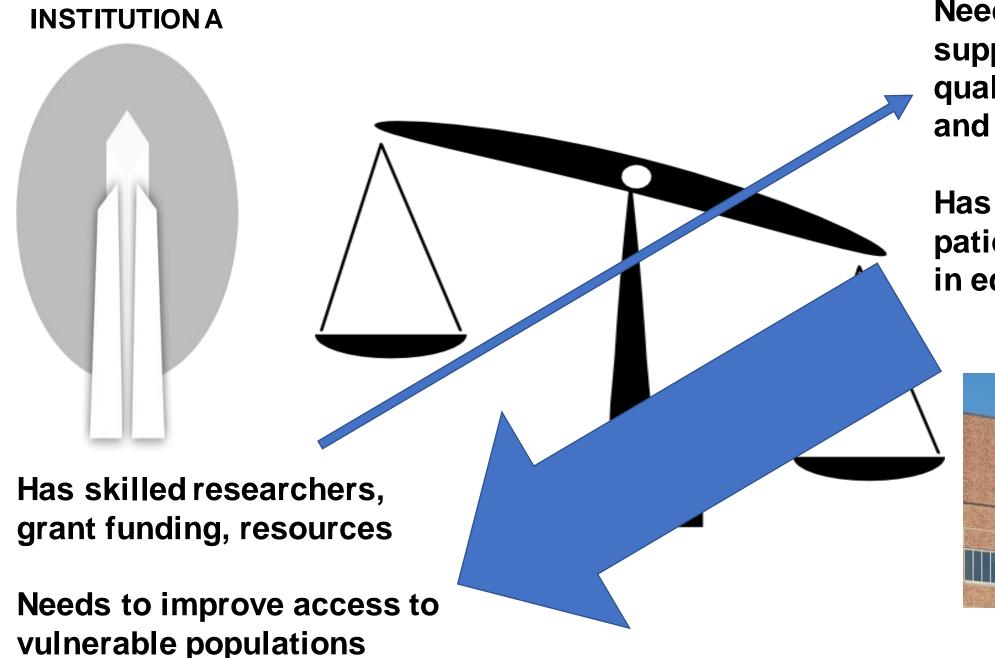
Solution is <u>not</u> one size fits all

	Institution #1	Institution #2	Institution #3
Infrastructure	+++	-	+++
Funding	+++	+	++
Patient Demographics	-	+++	++
Equity Research Focus	+	+++	-

Institutional Needs Assessment





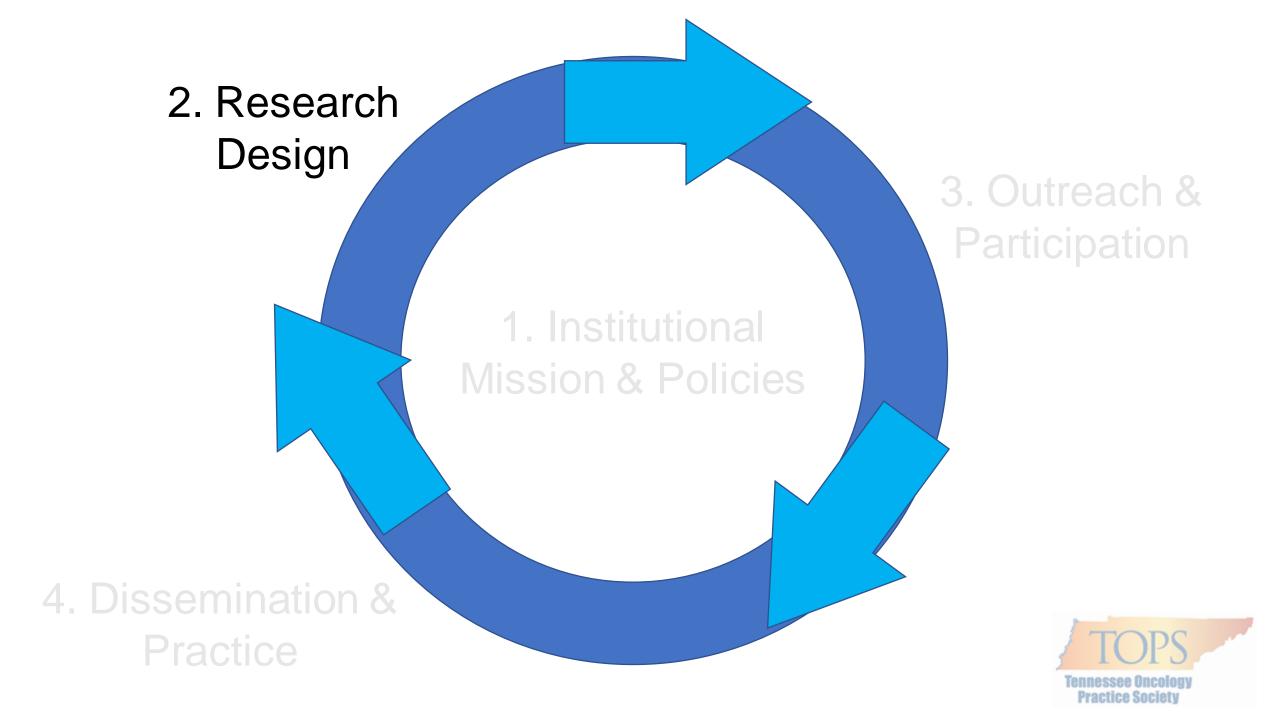


Needs infrastructure support for high quality clinical care and research

Has diverse staff and patients with interest in equity research



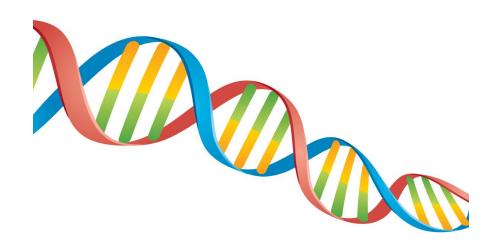
INSTITUTION B



PROBLEM:

Genetic Counseling Services Not Available

OSH Referral not covered by NI or TennCare Patients receive anticipatory letter of OOP costs Few patients follow through with referral



SOLUTION:

Provide Genetic Counseling Through "Patient Centered" Research

Provider recommends patient.

Patient receives and navigates email.

Patient fills out and navigates questionnaire.

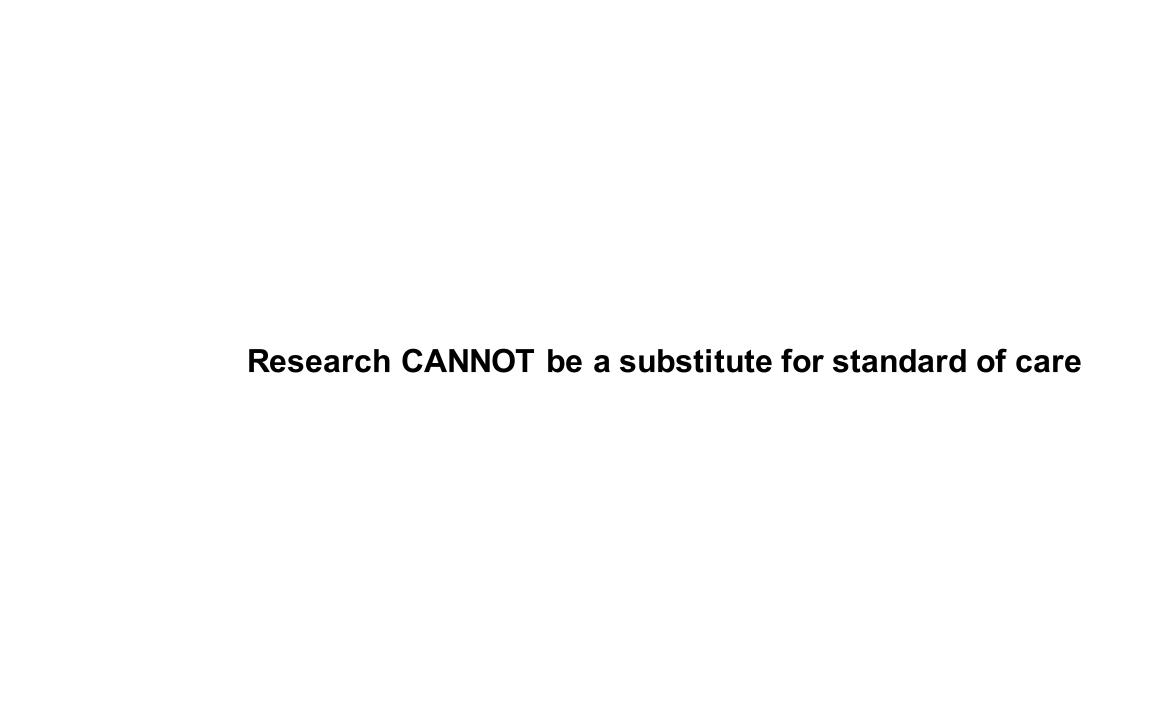
Patient watches series of videos.

Patient completes a test and receives score.

Patient tracks online progress.

Patient receives notice of referral.





Ethical Hypothesis Considerations

Standard Medical Research

- Status quo is the <u>current best</u>
- Design Requires High Threshold to Change
- Focus Forward (Applied Knowledge): biochem, cellular, animal, human

Health Equity Research

- Status quo is inequity
- Design Must Be Change Oriented
- Focus Backward (Root Causes)

~17 years*

BEDSIDE

services studies

BASIC RESEARCH

Basic Research

Preclinical studies
Animal research
Basic health services research
Epidemiology

T1

Case studies Phase 1 and 2 clinical trials

TRANSLATION TO HUMANS

Five A's of Access to Care:

- Accessibility
- Availability
- Affordability
- Accommodation
- Acceptability

Human Clinical Research Controlled observational studies Phase 3 clinical trials & health

T2

the System
Delivery of recommended care to

the right patient at the right time Identification of new clinical questions and gaps in care

POLICY & PRACTICE

Clinical Practice Across

T2 Practice-Based Research

Phase 3 & 4 trials Observational studies Survey research

research Implementation research

Dissemination

TRANSLATION TO PATIENTS, POLICY & PRACTICE

development

Meta-analyses

Systematic

reviews

TRANSLATION TO POLICY & PRACTICE

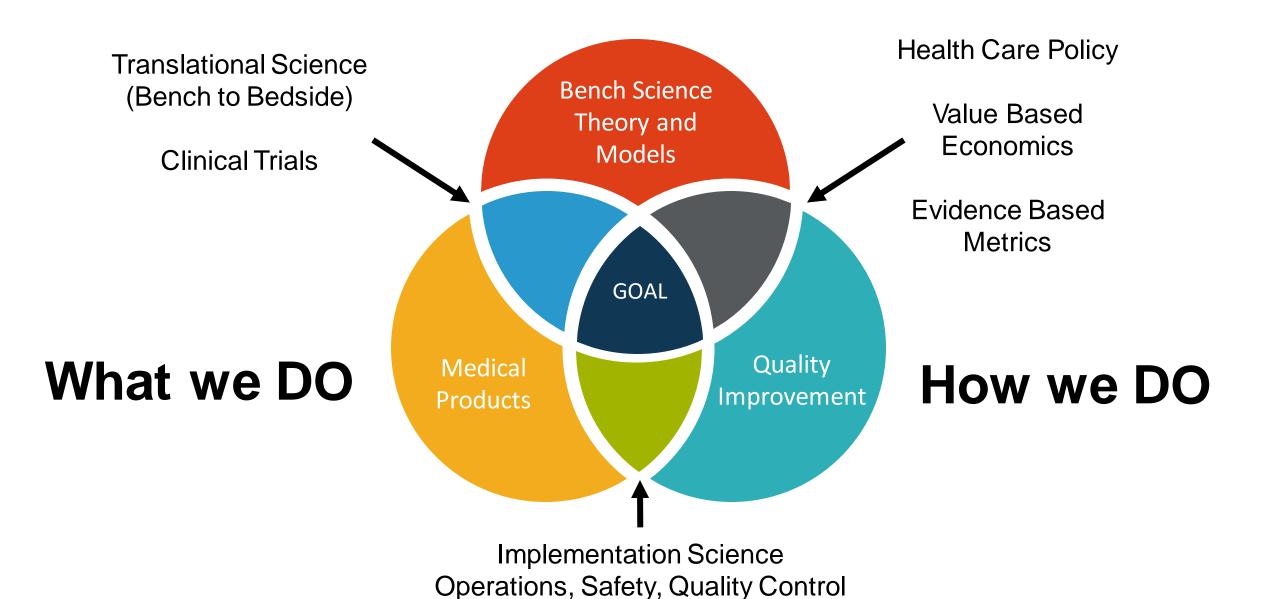
*Morris, Wooding, and Grant. J R Soc. Med. 2011

Westfall et al. Practice-based research - "blue Highways" on NIH roadmap. JAMA. 2007; 297(4): 403-406 (adaptation).

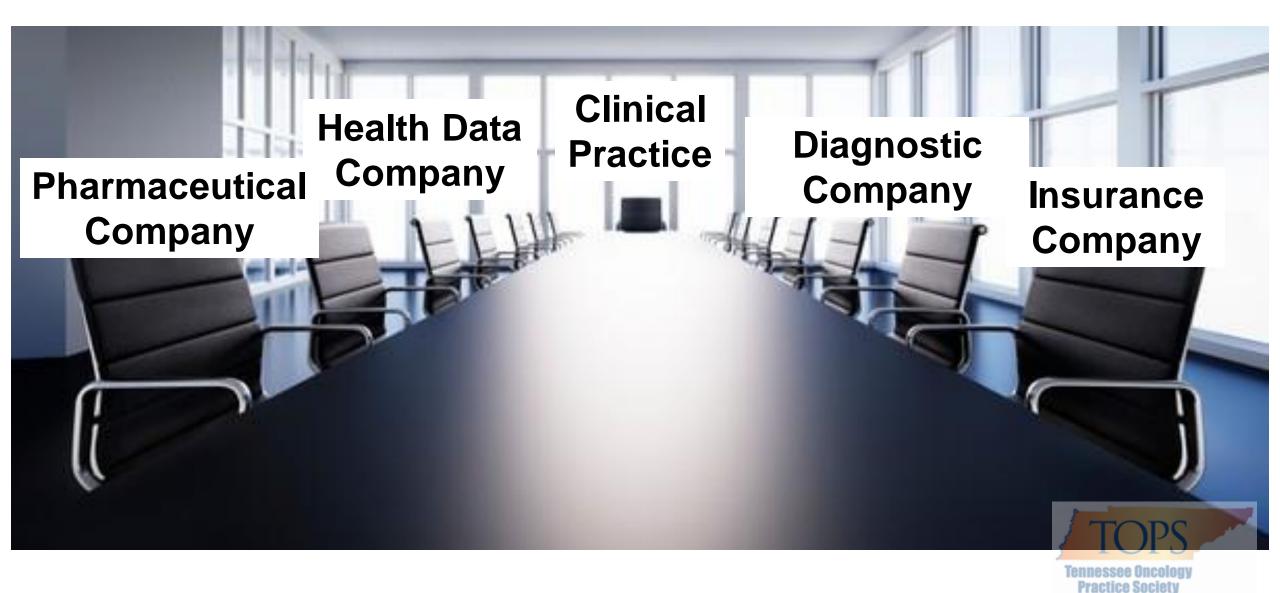
NSW Health and Medical Research Strategic Review 2012. NSW Ministry of Health. Page 4 (adaptation).



What we KNOW



Organizations



Organizations







CANCER SUPPORT COMMUNITY

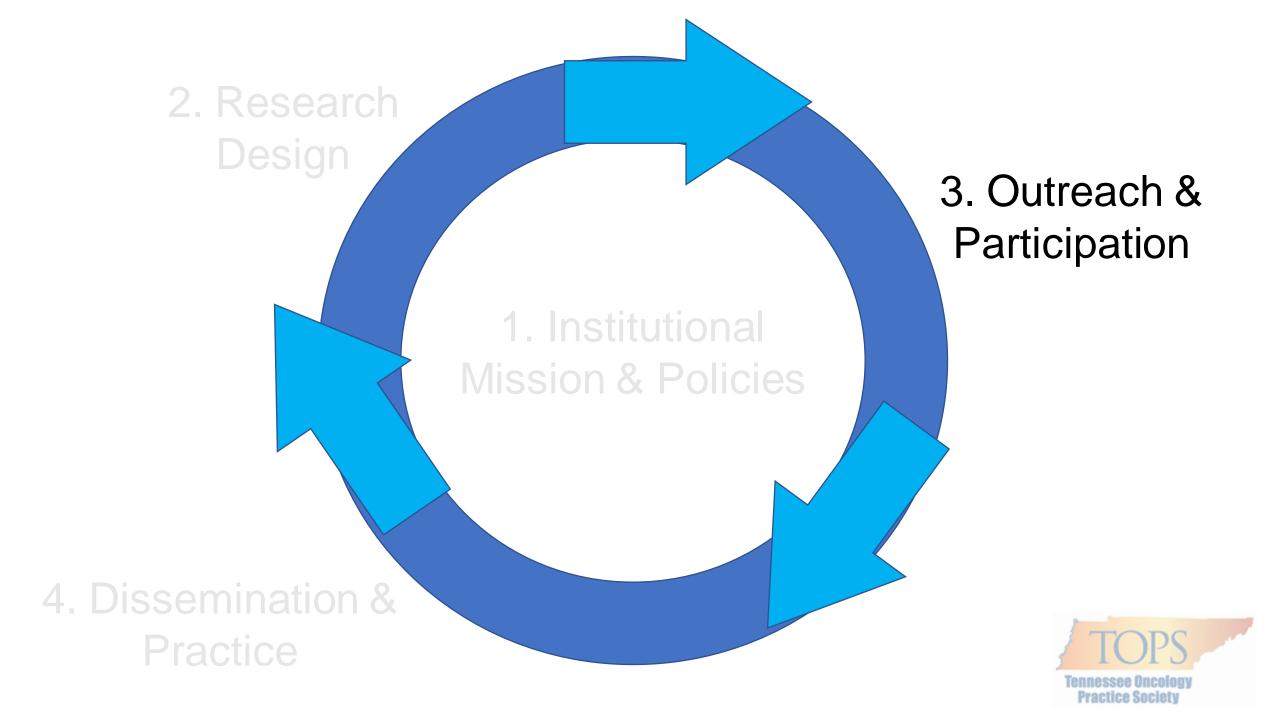












Relative Cancer Prevalence (US 2013)

White 76%

Non-White 24%

Proportion Enrolling in Trials (US 2003 - 2016)

Trial Enrollment 8%

92% Excluded !!!

- Non-Racial Vulnerable Groups
- Social Determinants of Health

White 83%

Non-White 17%



Davidson County Racial Demographics N = Required to Power Hypothesis **Current Enrollment Proportional Enrollment (Equality)** Scientifically Meaningful Enrollment (Equity)

Trial Matching Services

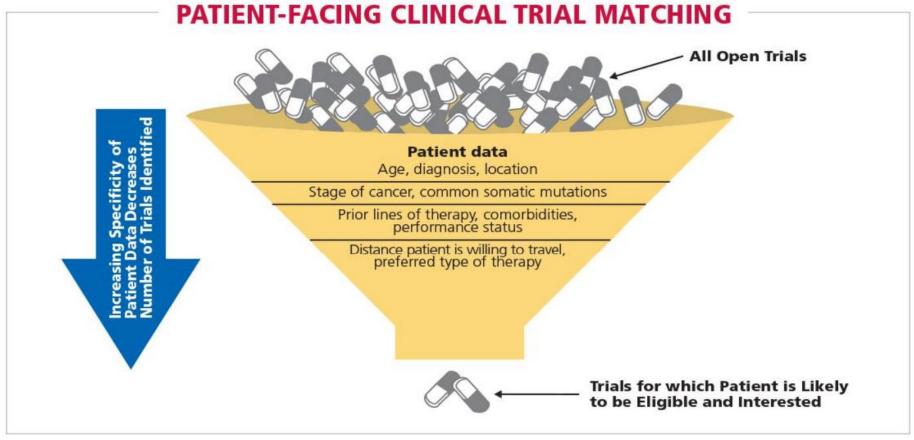
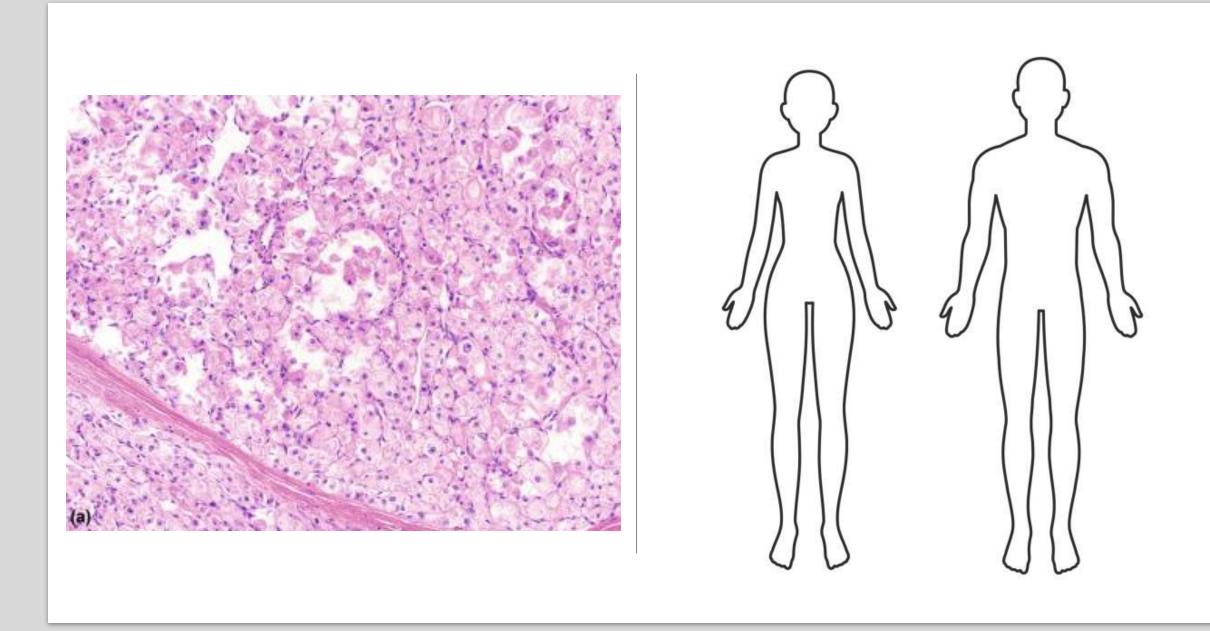


Figure 1: Consideration of additional patient data further refines the clinical trials considered for a patient and makes a match more accurate. Data may include clinical characteristics like genetic mutations, but may also include patient preference data such as location of the trial or type of therapy.



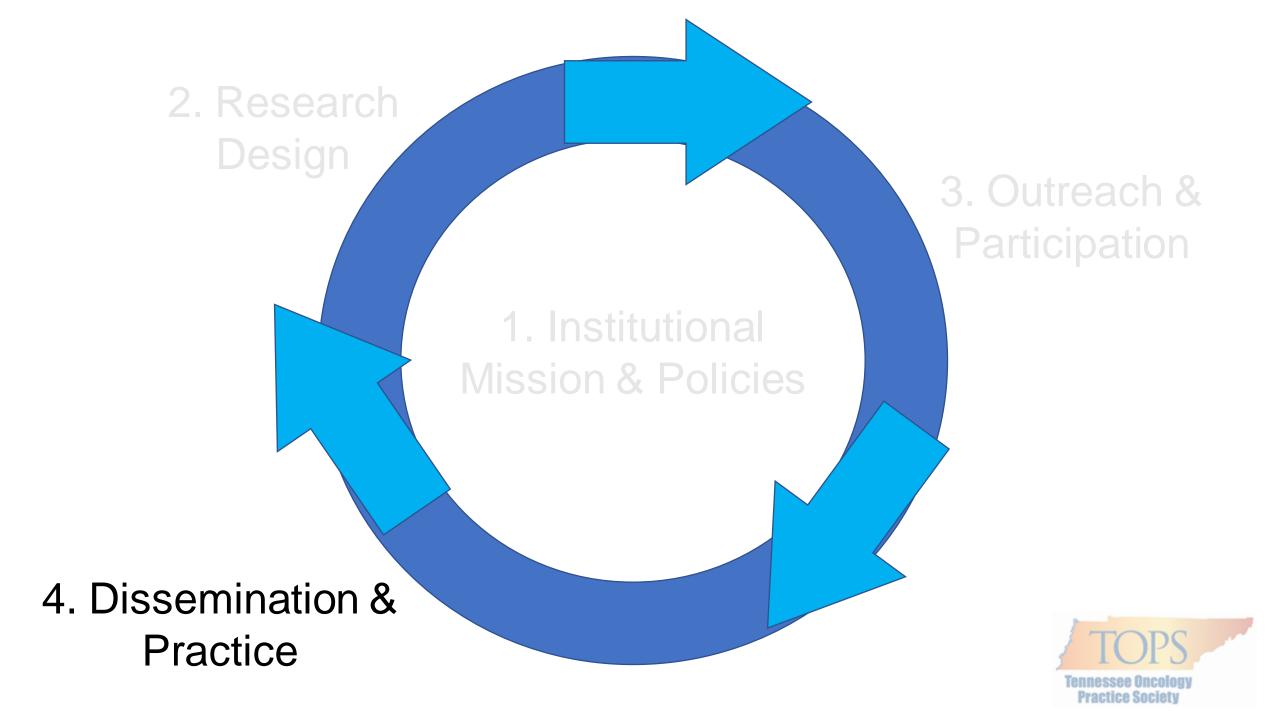
Objectives

What is Equity? Why does it matter? How might this impact trust?

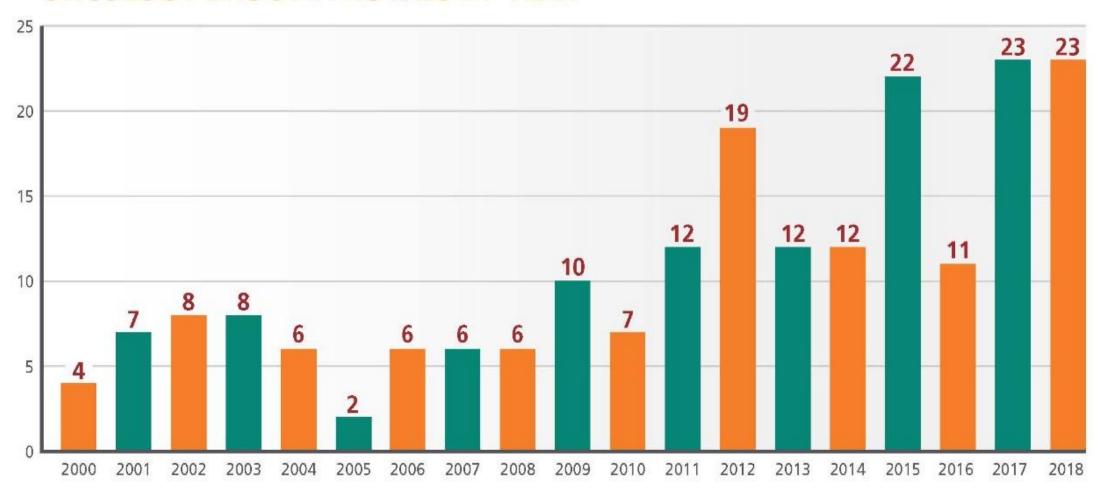
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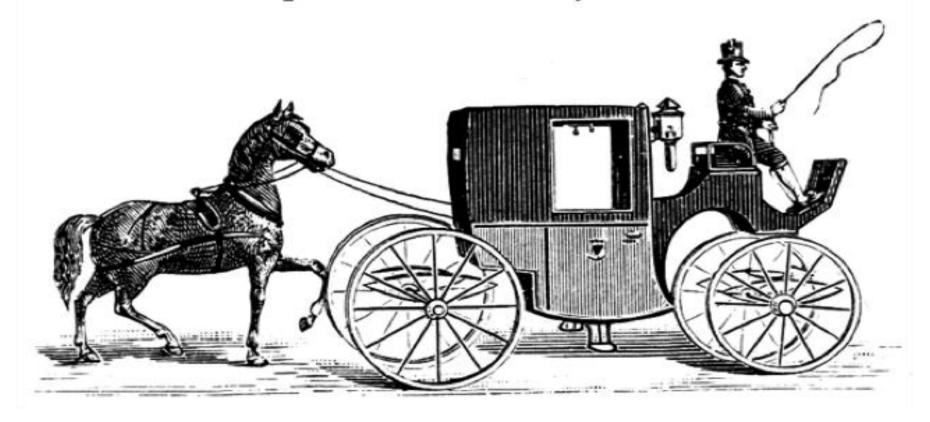
ONCOLOGY DRUG APPROVALS BY YEAR





LET'S FIND OUR DISPARITIES !!!

This isn't working at all... I should warn others not to put their cart before the horse.





Take Aways

- Comprehensive Equity Focus (Beyond Research)
- Intra and Inter-Institutional Needs Assessment
- Sustain Non-Medical Community Partnerships
- Learn to Listen, Then Engage, Then Recruit
- Increase Funding Incentives to Build & Train Outreach Capacity
- Require Equity and Dissemination Plans in Grants
- Invest in Human-Based Trial Identification, Matching, Opening
- Commit Same Energy in Unique People as Unique Tumors

WE DID IT!





SINCERE THANKS TO YOU ALL @

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