

Beginning a Professional Relationship with a Legislator: Steps I Took on the Hill and in the Community

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Disclosure

I have nothing to disclose and no conflicts of interest.



Advocacy Tools

In-person meeting

Virtual Meeting

E-mails

Phone Calls

Video Messages

Voicemails

Essentials of Advocacy and Policy Influence

- Do everything you can to develop a relationship with a legislator before asking for help.
- Do your homework on the legislator and legislative history of the issue.
- Respect the office of the legislator or policy maker holds **(and their assistants)**
- Always be truthful and keep your word
- Remember there are no permanent friends or enemies.
- If a testimonial story doesn't fit, then don't stretch the truth to make it work.

Nurse's Week 2022: My Foot In

Emailed House and Senate
Member of my district

House representative responded
– Dr. Kumar – chair of insurance
committee had proceeded over
the hearings on PBMs

Nurse's Day on the Hill 2023: Going Rogue

- **Emailed** House and Senate Representatives from my district
- Senator Kerry Roberts' (Judiciary Committee) office responded, and time was set to come to his office.
 - **Casual meet and greet**
 - **District resource** on Oncology related issues
- Asked T.O.P.S. members other influential members of congress I should try to meet
 - Congresswomen Esther Helton- Vice Chair House Health Committee-PBM and Trigger Clean Up Bill
 - Dropped by her office, worked with assistant and **thanked** her for her support
- Dropped by Dr. Kumar's (Vice Chair House Health Committee) office to ask assistant to tell him "Hello," ushered into his office and **thanked** him for his support.
- Thank you notes for their time and support with future bills
 - Trigger Clean Up Bill
 - White Bagging (SB502/HB916)
 - Prior Authorization (SB666/HB885)

