Challenging Cases in Classical Hematology

Hillary Maitland MD MS

EMILY COURIC CLINICAL CANCER CEN

Disclosures

- Sanofi
- Sobi

• Ms. A: 57 yo woman with metastatic HR+/HER2+ breast cancer metastatic to the brain. She comes in for her Enhertu infusion and complains of right calf pain and swelling.

Impression

 Occlusive noncompressible expansile acute appearing thrombus within the right common femoral vein extending into the proximal greater saphenous vein and proximal femoral vein.
No evidence of left lower extremity DVT from the level of the common femoral vein through the calf.

 DVT in R common femoral _ vein extending into the _ proximal veins _

COMPLETE BLOOD CO...

WBC	9.66 🖻	10.88 🖻	
RBC	3.34 👻 🖻	3.14 👻 🖹	
Hemoglobin	9.2 👻 🖻	8.6 🛩 🖻	
Hemoglobin (Chem)			
Hematocrit	29.7 🖌 🖻	27.6 🛩 🖻	
Hematocrit (Chem)			
MCV	88.9 🖹	87.9 🖻	
MCH	27.5 🗙 🖻	27.4 👻 🖻	
MCHC	31.0 🗡 🖻	31.2 👻 🖻	
RDW	14.5 ^ 🖻	14.4 ^ 🖻	
Platelets	44 👻 🖻	53 ¥	
MPV	10.8 🖹	10.7 🖻	
Nucleated RBC Percent	1 🖻	1 🖻	
Nucleated RBC Abs	0.070 🖻	0.100 🖻	

Anticoagulation and Thrombocytopenia

- Platelet transfusion
 - increased risk for recurrent VTE
 - Increased risk of ICH
- Better outcomes with dose modification



Anticoagulation and Thrombocytopenia

- Platelets \geq 50×10⁹/L : Therapeutic anticoagulation
- Platelets \geq 30 but <50×10⁹/L : 50% dose reduction
- Platelets <30×10⁹/L : consider IVC filter

Napolitano, Mariasanta, et al. "Platelet cut-off for anticoagulant therapy in thrombocytopenic patients with blood cancer and venous thromboembolism: an expert consensus." Blood Transfusion 17.3 (2019): 171.

Anticoagulation and Brain Mets



- No increase in risk of ICH with anticoagulation
- Renal Cell Carcinoma and Melanoma are more likely to bleed

Zwicker, J. I., R. Karp Leaf, and M. Carrier. "A meta-analysis of intracranial hemorrhage in patients with brain tumors receiving therapeutic anticoagulation." *Journal of Thrombosis and Haemostasis* 14.9 (2016): 1736-1740.

Which Anticoagulant?

- DOACs preferred over LMWH
 - Decrease VTE recurrence
 - Decrease major bleeding
 - GI cancers are the exception

 Indefinite anticoagulation for secondary prophylaxis



Lyman, Gary H., et al. "American Society of Hematology 2021 guidelines for management of venous thromboembolism: prevention and treatment in patients with cancer." *Blood advances* 5.4 (2021): 927-974. Mai, V., et al. "DOAC compared to LMWH in the treatment of cancer related-venous thromboembolism: a systematic review and meta-analysis." *Journal of Thrombosis and Thrombolysis* 50 (2020): 661-667.

- Ms. A has normal liver and kidney function and starts anticoagulation with rivaroxaban 20mg daily with plans to complete a 3 month course
- At 3 month follow up we drop her back to prophylactic dose rivaroxaban 10mg daily

 Mr B is a 58yo man with thrombocytopenia in the setting of cirrhosis. He is referred for clearance prior L4 to S1 laminectomy and fusion.

COMPLETE BLOOD CO ⊠ ⊗	
WBC	03/15/23 2.35 ¥
RBC	03/15/23 3.60 ¥
Hemoglobin	03/15/23 9.8 ¥
Hemoglobin (Chem)	08/24/17 10.5 ¥
Hematocrit	03/15/23 32.1 ¥
Hematocrit (Chem)	08/24/17 31.0 ¥
MCV	03/15/23 89.2
MCH	03/15/23 27.2 ¥
MCHC	03/15/23 30.5 ¥
RDW	03/15/23 13.2
RDW SD	09/18/17 53.8 ^
Platelets	03/15/23 77 ¥
MPV	03/15/23 11.0
Nucleated RBC Percent	03/15/23 0
Nucleated RBC Abs	03/15/23 0.000
Protime	18.3 ^
Protime INR	1.6 🔺

Coagulation Parameters prior to high risk procedures

	ISTH 2021	EASL 2022	AGA 2021	SIR 2019
PT/INR	Do not evaluate	Do not correct	Do not correct	Vit K for INR>2.5
Platelet count	Do not correct	Do not correct	>50× 10 ⁹ /L	>30 × 10 ⁹ /L
Fibrinogen	Do not evaluate	Do not correct	no recommendation	>1 g/L
Viscoelastic Testing	Do not evaluate	Do not evaluate	May be useful	no recommendation

Roberts, Lara N., et al. "Periprocedural management of abnormal coagulation parameters and thrombocytopenia in patients with cirrhosis: guidance from the SSC of the ISTH." Journal of Thrombosis and Haemostasis 20.1 (2022): 39-47





• Neurosurgery would like platelets to be >100k and INR<1.4

Replacement Products

- Low fibrinogen is not associated with abnormal bleeding, use of cryo does not improve bleeding or survival
- FFP will increase portal pressures and increase bleeding risk
- PCC and rFVII have showed poor efficacy in the treatment of bleeding
- A single 10mg dose of vitamin K may lower INR
- Antifibrinolytic therapy can be used to manage peri procedural bleeding

Thrombocytopenia

Thrombocytopenia and Thrombocytopathy in Liver Cirrhosis



Lim, Hana I., and Adam Cuker. "Thrombocytopenia and liver disease: pathophysiology and periprocedural management." Hematology 2022.1 (2022): 296-302.

Thrombocytopenia

Low-Risk Procedures

- No role for routine transfusion or TPO-RA therapy

- Consider conservative measures such as suspension of toxins or medications potentially contributing to thmbocytopenia



- Consider TPO-RA
 - Avatrombopag 40-60mg daily x 5 days, starting 10-13 days prior to procedure
 - Lusutrombopag 3mg daily x 7days, starting 8-14 days prior to procedure
- Trial of ITP therapy for patients with autoimmune liver disease or HCV
- Consider transfusion if inadequate response to TPO-RA or immune thrombocytopenia treatment

Recommendations

- Look for modifiable risk factors
- For most people don't try to correct the INR
- Consider TPO-RA for very high risk procedures

- Mr. B is currently listed for liver transplant
- Agree than INR<2.0 is OK, plan to give 1g TXA
- Platelet count is >50 so plan to have platelets on hold to the OR if bleeding



 Ms. C is a 48yo woman with stage III Ovarian cancer getting adjuvant carbo/taxol but her chemotherapy has been repeatedly delayed by thrombocytopenia

COMPLETE BLOOD CO 🛛 😞		
WBC	11:59	22.64 ^
RBC	11:59	2.91 👻
Hemoglobin	11:59	8.9 ¥
Hemoglobin (Chem)	03/25/23	9.6 ¥
Hematocrit	11:59	26.1 💌
Hematocrit (Chem)	03/25/23	28.0 ¥
MCV	11:59	89.7
MCH	11:59	30.6
MCHC	11:59	34.1
RDW	11:59	17.9 ^
Platelets	11:59	15 ¥ 🗈

Thrombocytopenia in the Cancer Patient



Bone Marrow infiltration



Viral or bacterial infection





Meds



Post transfusion purpura

Thrombocytopenia due to Chemotherapy



Shaw, Jaime L., et al. "The incidence of thrombocytopenia in adult patients receiving chemotherapy for solid tumors or hematologic malignancies." European Journal of Haematology 106.5 (2021): 662-672.

CIT



Treatment of CIT: Romiplostim



Predictors of Non-Response:

- Bone marrow invasion
- Prior pelvic radiation
- Prior temozolomide

Mean dose of romiplostim was 2.6 mcg/kg

Al-Samkari, Hanny, et al. "A multicenter study of romiplostim for chemotherapy-induced thrombocytopenia in solid tumor s and hematologic malignancies." Haematologica 106.4 (2021): 1148.

Treatment of CIT: Avatrombopag



No significant difference in the need for chemotherapy dose reduction, treatment delay, or platelet transfusion between patients treated with avatrombopag or placebo

Al-Samkari, Hanny, et al. "Avatrombopag for chemotherapy-induced thrombocytopenia in patients with non-haematological malignancies: an international, randomised, double-blind, placebo-controlled, phase 3 trial." The Lancet Haematology 9.3 (2022): e179-e189.

- Ms. C continues to have thrombocytopenia with platelets 20-30k between cycles despite dose reduction of her chemotherapy.
 - She has occasional nose bleeds and bleed heavily from port access



Hanny Al-Samkari; Thrombopoietin receptor agonists for chemotherapy-induced thrombocytopenia: a new solution for an old problem. *Hematology Am Soc Hematol Educ Program* 2022; 2022 (1): 286–295. doi: https://doi.org/10.1182/hematology.2022000374

 Ms C is started on weekly romiplostim 3mcg/kg with improvement in platelet counts to 50-60k reducing interruptions in her therapy



Hanny Al-Samkari; Thrombopoietin receptor agonists for chemotherapy-induced thrombocytopenia: a new solution for an old problem. *Hematology Am Soc Hematol Educ Program* 2022; 2022 (1): 286–295. doi: https://doi.org/10.1182/hematology.2022000374

• Ms. D 28yo primigravida F at 36 weeks gestation presents to her OB appointment with epigastric pain and is found to have hypertension and new anemia.

• CBC

- Hgb 6.8 (L)
- Plt 33(L)
- Metabolic panel
 - Cr 1.4 (H)
 - AST 220 (H)
 - ALT 240 (H)
 - Tbili 4.8 (H)

- Coags
 - PT 20.3 (H)
 - PTT 64.4 (H)
 - LDH 1200 (H)
 - Hapto <8 (L)



TMA in Pregnancy

TMA in pregnancy

	HELLP	AFLP	TTP	aHUS
√Plt	Mod/Severe	Mild/Mod	Severe	Mod/Severe
MAHA	Mod/Severe	Mild	Mod/Severe	Mod/Severe
Coag defect	Mild/Mod	Severe	None	None
HTN	Mod/Severe	Variable	Variable	Mild/absent
Liver Dys	Mod/Severe	Severe	Absent	Absent
Renal Dys	Absent-Mod	Absent-Mild	Absent-Mod	Severe
CNS Dys	Absent-Mod	Variable	Can be Severe	Absent-Mild
Trimester	Late 2 nd -3rd	3rd	2 nd -3rd	Postpartum



Fakhouri, Fadi, et al. "Management of thrombotic microangiopathy in pregnancy and postpartum: report from an international working group." Blood 136.19 (2020): 2103-2117.

- CBC
 - Hgb 6.8 (L)
 - Plt 33(L)
- Metabolic panel
 - Cr 1.4 (H)
 - AST 220 (H)
 - ALT 240 (H)
 - Tbili 4.8 (H)
- UA
 - 1+ blood
 - 2+ protein

- Phys Exam
 - Afebrile
 - 3+ pitting LEE
 - BP 180/110

- Ms. D is diagnosed with HELLP
- MAHA
 - Schistocytes on smear
 - LDH>600
- Liver Dysfunction
 - AST>70
- Thrombocytopenia
 - Plt <100



Chaiworapongsa, Tinnakorn, et al. "Pre-eclampsia part 1: current understanding of its pathophysiology." Nature Reviews Nephrology 10.8 (2014): 466-480.

Treatment



- Delivery is the treatment of choice
 - hemodynamic instability
 - fetus >32 weeks
- Transfuse PRBCs, FFP, cryo
- Usually resolves within 48 hours after delivery
 - Steroids/PLEX if persistent symptoms 5-7 days post partum



Thank You

