

Kelly Griffith Ross, MD

Associate Professor of Medical Oncology

DISCLOSURES

None



OUTLINE

- Cases
- History of cellular therapy and blood cancer treatment
- What is CAR-T cell therapy?
- Indications
- Logistics
- Side effects
- Future directions



OBJECTIVE

- Understand what CAR-T cell therapy is
- Understand current indications for CAR-T cell therapy
- Understand the risks and benefits of CAR-T cell therapy



- 64-year-old man with diffuse large B-cell lymphoma
- May 2020: Presented with fatigue and difficulty swallowing pills. Large neck mass noted, bx showed DLBCL of the thyroid with associated LA. Pt received 6 cycles of R-CHOP with remission.
- December 2021: Relapsed lymphoma with disease above and below diaphragm, pt received R-ICE x 2 cycles followed by autologous stem cell transplant, day 0 = 4/11/22
- October 2022: Relapsed disease



• 73-year-old man with multiple myeloma

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- Lines of therapy:
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- July 2023: Progression of disease, M-spike 2.6, FLC ratio 71





WHAT IS CAR-T CELL THERAPY?

- Chimeric antigen receptor T-cell therapy
- T-cells that are engineered in a lab to fight a specific cancer





Journal of Translational Medicine, Nov 2020

CAR-T CELL PRODUCTS

- Tisagenlecleucel (Kymriah)
- Axicabtagene ciloleucel (Yescarta)
- Lisocabtagene maraleucel (Breyanzi)
- Brexucabtagene autoleucel (Tecartus)
- Idecabtagene vicleucel (Abecma)
- Ciltacabtagene autoleucel (Carvykti)



CANCERS TREATED

- Acute lymphoblastic leukemia
- Diffuse large B-cell lymphoma
- Follicular lymphoma
- Marginal zone lymphoma
- Mantle cell lymphoma
- Chronic lymphocytic leukemia
- Multiple myeloma



ACUTE LYMPHOBLASTIC LEUKEMIA

At a Glance



SEER database, 2024



ACUTE LYMPHOBLASTIC LEUKEMIA

- First approval of CAR-T cell therapy in August 2017
- ELIANA trial for tisa-cel in children and young adults
 - Enrolled 92 patients, 75 underwent infusion
 - Median age: 11
 - Median previous lines of therapy: 3 (61% prior allo)
 - Median marrow blast percentage: 74%
- CR rate (CR+Cri) 81% at 3 months
- EFS 73% at 6 months, 50% at 12 months











DIFFUSE LARGE B-CELL LYMPHOMA

- First approval May 2018
- Approved third line or R/R DLBCL with response to first line <12 months
- JULIET trial for tisa-cel
 - Ill patients received infusion, 93 included in efficacy evaluation
 - Best ORR 52%: 40% CR, 12% PR
 - Patients who achieved a CR







MANTLE CELL LYMPHOMA

- First approved June 2020
- Brexu-cel
- Indication: R/R MCL who have progressed after BTK inhibitor
- ZUMA-2 trial
 - 74 patients evaluated, 60 ultimately enrolled
 - 87% ORR, 62% CR
 - 62% 3 year OS



MANTLE CELL LYMPHOMA





FOLLICULAR LYMPHOMA

- Axi-cel, first approval March 2021
- ZUMA-5
 - Evaluated 81 FL patients for efficacy
 - ORR 91%, CR rate 60%



CHRONIC LYMPHOCYTIC LEUKEMIA

- Most recent approval for CLL/SLL, March 2024
- Liso-cel
- At least two prior lines of therapy, including a BTKi and bcl2 inhibitor
- TRANSCEND CLL 004
 - 137 patients enrolled, 117 treated



CHRONIC LYMPHOCYTIC LEUKEMIA







В





MULTIPLE MYELOMA

- Ide-cel approved March 2021
- KarMMa trial
 - 72% ORR, sCR 29%
 - mPFS 11.1 months
 - mOS 24 months









O LOGISTICS OF CAR-T

PROCESS

LEUKAPHERESIS



MANUFACTURING

INFUSION

MONITORING





LEUKAPHERESIS

• T-cells are collected via apheresis on our apheresis machines



BRIDGING THERAPY

- Chemotherapy that may be necessary between apheresis and infusion of CAR-T cell product due to rapid progression of disease
- Does bridging therapy increase the likelihood of treatment failure?
 - Jain et al identified inferior outcomes in 2019
 - Reevaluation in 2024 confirmed that pts with bridging therapy had worse outcomes, but on propensity score matching, outcomes were similar



MANUFACTURING

- Can take as little as 17 days or as much as six weeks
- Get an estimated manufacturing time at the time of apheresis
- Get an actual ship date ~one week prior



LYMPHODEPLETION

- Standard lymphodepletion fludarabine/Cytoxan
- Role is stunning the immune system to allow CAR-T cells in



CAR-T CELL INFUSION

- Different products are given slightly differently
- Looks like a blood transfusion or injection



MONITORING

- At WVU we administer all CAR-T cell therapy products as an outpatient
- 3x/day visits for vitals and ICE assessment (neurologic toxicity) for first 14 days, with labs once/day
- Daily visits for labs, vitals, ICE assessment for one week
- 3x/week visits for labs, vitals, ICE assessment for one week
- Discharge home ~day 28





O SIDE EFFECTS

CYTOKINE RELEASE SYNDROME

- Syndrome of fevers, hypotension, SOB
- Grade 1-4
- Manage with steroids, tocilizumab



NEUROTOXICITY

- Immune effector cell-associated neurotoxicity syndrome (ICANS)
- Confusion, weakness, neuropathy, decreased level of consciousness, coma, seizures
- Grade 1-4, manage with steroids, levetiracetam, anakinra(?)



NEUROTOXICITY

ICE Scoring Worksheet

Orientation to year, month, city, hospital (1 point for each correct, maximum of 4 p	4
Name 3 objects - for example, point to clock, pen, and button (1 point for each cor	3
Ability to follow simple commands (example "show me 2 fingers" or "close your ey	1
Write a standard sentence (1 pt) for example "Our national bird is the bald eagle"	1
Count backwards from 100 in tens (1 point)	1
Score	10
Assessment Deferral Reason	



CYTOPENIAS

- Immune effector cell-associated hematotoxicity (ICAHT)
- Early and late (30 days)
- Most recent scoring system, ASH 2023
 - CAR-HEMATOX



CYTOPENIAS

Table 1.

ICAHT grading

Grading	1	2	3	4
Early ICAHT (day 0-30)				
ANC ≤500/µL	<7 d	7-13 d	≥14 d	Never above 500/µL
ANC ≤100/µL	-	-	≥7 d	≥14 d
Late ICAHT (after day +30)*				
ANC	≤1500/µL	≤1000/µL	≤500/µL	≤100/µL

∗ Measured ≥2 time points, or nontransient neutropenia.



CYTOPENIAS

			Features		0 Point	1 Pc	oint	2 Points	
Prior	Prior to lymphodepleting chemotherapy (day -5) Determine patient-individual risk of heme-tox and infections using the CAR-HEMATOTOX score		⁵⁾ Platelet count		> 175.000/µl	75.000 - 1	75.000/µl	< 75.000/µl	
			Absolute neut	rophil count (ANC)	> 1200/µl	≤ 120)0/μl	-	
\rightarrow			Hemoglobin		> 9.0 g/dl	≤ 9.0	g/dl	-	
	prioney time period for la	h values: 3 dave	C-reactive pro	tein (CRP)	< 3.0 mg/dl	≥ 3.0 r	mg/dl	-	
• Lei	emency time period for la	D values. 5 days	Ferritin		< 650 ng/ml	650-200	0 ng/ml >	2000 ng/ml	
			Low: 0-1 Hig	h: ≥2					
		Low r	isk (HT 0-1)				High risk	(HT 2-7)	
		Low r LBCL (n = 235)	isk (HT 0-1) MCL (n = 103)	MM (n = 113)			High risk	(HT 2-7) 5) MCL (n = 103)) MM (n = 1
sk	Median duration of severe neutropenia (ANC<500/µL, D0-60)	Low r LBCL (n = 235) 5.5 days (95% CI 5-8 days)	isk (HT 0-1) MCL (n = 103) 6 days (95% CI 5-7 days)	MM (n = 113) 3 days (95% Cl 2-5 days)	Duration of se neutropenia (ANC<500/µL,	vere day 0-60)	High risk LBCL (n = 238 12 days (95% Cl 10-16 days)	(HT 2-7) MCL (n = 103) 14 days (95% Cl 9-18 days)	MM (n = 1 ⁴ 9 days (95% CI 7-13 days
sk file	Median duration of severe neutropenia (ANC<500/µL, D0-60) Aplastic phenotype	Low r LBCL (n = 235) 5.5 days (95% CI 5-8 days) 2.6%	isk (HT 0-1) MCL (n = 103) 6 days (95% CI 5-7 days) 0%	MM (n = 113) 3 days (95% Cl 2-5 days) 3%	Duration of se neutropenia (ANC<500/µL, Aplastic pheno	vere day 0-60) otype	High risk LBCL (n = 23 12 days (95% CI 10-16 days) 36%	(HT 2-7) (HT 2-	MM (n = 1 9 days (95% Cl 7-13 days 32%
sk file	Median duration of severe neutropenia (ANC<500/µL, D0-60) Aplastic phenotype Severe infection rate	Low r LBCL (n = 235) 5.5 days (95% CI 5-8 days) 2.6% 8%	isk (HT 0-1) MCL (n = 103) 6 days (95% CI 5-7 days) 0% 5%	MM (n = 113) 3 days (95% CI 2-5 days) 3% 5%	Duration of se neutropenia (ANC<500/μL, Aplastic pheno Severe infectio	vere day 0-60) otype on rate	High risk LBCL (n = 235 12 days (95% Cl 10-16 days) 36% 40%	(HT 2-7) (HT 2-	MM (n = 1 9 days (95% Cl 7-13 days 32% 40%



LONG TERM TOXICITIES

- HLH
- Secondary malignancies
- Infection
- ?



LIMITATIONS OF CAR-T

- Is CAR-T cell therapy a cure?
- Competing drugs (BiTEs)



THE FUTURE OF CAR-T CELL THERAPY

- Additional disease indications (recent CLL approval)
- Moving up in lines of therapy
- CAR-T cell therapy as consolidation following transplant
- Allo-CAR T cells
- CAR-NK cell therapy



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- 12/27/2022: Pt received liso-cel, CAR-T cell therapy complicated by grade 4 neurotoxicity with ICE score 0/10. Pt treated with steroids and levetiracetam with full recovery.
- 2/21/2022: PET/CT day 57 shows remission
- As of today, pt remains in remission







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- Received CAR-T cell therapy with ide-cel 9/11/2023
- M-spike dropped from 2.5 gm/dL to 0.1 gm/dL





OUESTIONS?

SOURCES

- ELIANA trial NEJM
- JULIET trial NEJM
- TRANSCEND CLL 004
- ZUMA-2 NEJM
- ZUMA-5 Lancet Oncology
- Jain MD, Jacobs MT, Nastoupil LJ, et al. Characteristics and outcomes of patients receiving bridging therapy while awaiting manufacture of standard of care axicabtagene ciloleucel CD19 chimeric antigen receptor (CAR) T-cell therapy for relapsed/refractory large B-cell lymphoma: results from the US Lymphoma CAR-T Consortium. *Blood*. 2019;134(suppl 1):245.
- Jain MD, Jacobs MT, Gao F, et al. Bridging therapy with axicabtagene ciloleucel for large B-cell lymphoma: results from the US Lymphoma CAR-T Consortium. *Blood Adv*. 2024;8(4):1042-1050.

