

The Symptom Management, Pain, and Quality of Life (SYMPAQ) care program offers specialized healthcare for people experiencing a serious illness. It supports patients with relief from the pain, stress and other symptoms of the illness—whatever the diagnosis.

The goal is to improve quality of life for the patient and their family, and to improve clinical care and outcomes.

SYMPAQ visits and Curative Care can be provided at the same time wherever the patient resides at a Hospital, Nursing Home, Assisted Living Facility or Home.

To request a SYMPAQ visit or for more information, call (386) 231-1953.

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## SYMPAQ Program offers:

- Patient /family consult with a Certified Hospice and Palliative Care Physician
- Symptom Management of pain, difficulty breathing, anxiety, nausea, anorexia, constipation, poor appetite, exhaustion, fatigue, etc.
- Recommendations on the management of pain and other symptoms to the medical team
- Information on the patient's disease, prognosis and treatment options to patient/family
- Assistance with establishing/ clarifying patient's condition, wishes and goals
- Support to the patient/family
- Family meeting facilitation
- Social, Psychological and Spiritual support
- Assistance with health care decision making and planning for the patient's future.
- Link to community resources

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FHF-14-14212