



# PATIENT NAVIGATION

At Mary Bird Perkins – Our Lady of the Lake Cancer Center, we recognize that a cancer diagnosis affects the lives of our patients and their loved ones in many ways. Our patient navigators are here to assist you with financial, practical and emotional support throughout your treatment and into survivorship. Patient navigators are available at no additional cost to ensure you receive the best care possible.

## What do patient navigators do?

- Supportive counseling
- Identify and assist with possible barriers to care such as transportation, social or emotional support, and financial concerns
- Referrals to local and national cancer-related agencies for assistance with supplies, financial assistance, support groups and other needs
- Provide educational information on your cancer diagnosis and coping with treatment
- Help access other services such as nutritional counseling, tobacco cessation, CancerFit, genetic counseling, Survivorship program, etc.
- If needed, help coordinate appointments with other members of the treatment team

---

Whether you have completed treatment or are just starting your cancer journey, your patient navigator is available to help you and your loved ones cope with the many challenges of living with a cancer diagnosis.