

You or someone you know has just been diagnosed with cancer. The diagnosis can leave you feeling overwhelmed, alone and confused. The patient navigation team is here to help you, answer your questions and provide support throughout your cancer journey.

## How can our patient support team at Mary Bird Perkins Our Lady of the Lake Cancer Center help you?

| •       | Guide patients and their families through the healthcare system   |
|---------|---|
| •       | Identify practical, physical, emotional, spiritual and financial needs  |
| •       | Provide general patient education on your cancer and treatment  |
| •       | Provide information on local and national cancer resources  |
| •       | Coordinate and communicate plan of care with the healthcare team  |
| •       | Provide emotional support to patients, families, and caregivers throughout the cancer jour  |
| •       | Help transition to life-after-treatment through survivorship counseling   |
| Re      | gistered Dietitian, phone number:   |
| •       | Educate patients, family and caregivers on the role of good nutrition   |
|         | Offer many and individual proteition accompaling  |
| •       | Offer group and individual nutrition counseling   |
| •       | Create an individualized nutrition meal plan  |
| •       |   |
| •       | Create an individualized nutrition meal plan  |
| •       | Create an individualized nutrition meal plan enetic Counselor, phone number:  |
| •<br>Ge | Create an individualized nutrition meal plan  enetic Counselor, phone number:  Provide genetic education and testing if indicated |

- Identify patient for Medicaid/Medicare eligibility
- Assess patient for charitable funds
- Verify insurance benefits and medication applications
- Coordinate Medical Financial Assistance Program
- Help answer questions about insurance benefits, copays and finances
- Coordinate medication assistances programs