

# Geriatric Assessment: G-8

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient ID: \_\_\_\_\_

Scoring for the G-8 ranges from 0 (poor health status) to 17 (good health status).  
Experts suggest that patients with a score of 14 or lower undergo further evaluation.

Total score (0-17)

## Interpretation

0-14 = presence of a geriatric risk profile

>14 = absence of a geriatric risk profile

ITEM	POSSIBLE ANSWERS	SCORE
1. Has food intake declined over the past 3 months due to loss of appetite, digestive problems, chewing, or swallowing difficulties?	0 = severe reduction in food intake 1 = moderate reduction in food intake 2 = normal food intake	
2. Weight loss during the last 3 months?	0 = weight loss >3kg 1 = does not know 2 = weight loss between 1 and 3 kg 3 = no weight loss	
3. Mobility	0 = bed or chair bound 1 = able to get out of bed/chair but does not go out 2 = goes out	
4. Neuropsychological Problems	0 = severe dementia or depression 1 = mild dementia or depression 2 = no psychological problems	
5. Body Mass Index (weight in kg/height in m) <sup>2</sup>	0 = BMI <19 1 = 19 ≤ BMI < 21 2 = 21 ≤ BMI < 23 3 = BMI > 23	
6. Takes more than 3 medications per day	0 = yes 1 = no	
7. In comparison with other people of the same age, how does the patient consider his/her health status?	0 = not as good 0.5 = does not know 1.0 = as good 2.0 = better	
8. Age	0 = >85 1 = 80-85 2 = <80	