

Lawton - Brody Instrumental Activities of Daily Living Scale (IADL)

Patient Name: _____ Date: _____

Patient ID: _____

Scoring: For each category, circle the item description that most closely resembles the client's highest functional level (either 0 or 1).

A. Ability to Use Telephone

- | | |
|--|---|
| 1. Operates telephone on own initiative—looks up and dials numbers, etc. | 1 |
| 2. Dials a few well-known numbers | 1 |
| 3. Answers telephone but does not dial | 1 |
| 4. Does not use telephone at all | 0 |

B. Shopping

- | | |
|---|---|
| 1. Takes care of all shopping needs independently | 1 |
| 2. Shops independently for small purchases | 0 |
| 3. Needs to be accompanied on any shopping trips | 0 |
| 4. Completely unable to shop | 0 |

C. Food Preparation

- | | |
|---|---|
| 1. Plans, prepares and serves adequate meals independently | 1 |
| 2. Prepares adequate meals if supplied with ingredients | 0 |
| 3. Heats, serves and prepares meals, or prepares meals, or prepares meals but does not maintain adequate diet | 0 |
| 4. Needs to have meals prepared and served | 0 |

D. Housekeeping

- | | |
|--|---|
| 1. Maintains house alone or with occasional assistance (e.g. heavy work domestic help) | 1 |
| 2. Performs light daily tasks such as dish washing, bed making | 1 |
| 3. Performs light daily tasks but cannot maintain acceptable level of cleanliness | 1 |
| 4. Needs help with all home maintenance tasks | 1 |
| 5. Does not participate in any housekeeping tasks | 0 |

E. Laundry

- | | |
|--|---|
| 1. Does personal laundry completely | 1 |
| 2. Launders small items—rinses stockings, etc. | 1 |
| 3. All laundry must be done by others | 0 |

F. Mode of Transportation

- | | |
|---|---|
| 1. Travels independently on public transportation or drives own car | 1 |
| 2. Arranges own travel via taxi, but does not otherwise use public transportation | 1 |
| 3. Travels on public transportation when accompanied by another | 1 |
| 4. Travel limited to taxi or automobile with assistance or another | 0 |
| 5. Does not travel at all | 0 |

G. Responsibility for Own Medication

- | | |
|---|---|
| 1. Is responsible for taking medication in correct dosages at correct time | 1 |
| 2. Takes responsibility if medication is prepared in advance in separate dosage | 0 |
| 3. Is not capable of dispensing own medication | 0 |

H. Ability to Handle Finances

- | | |
|---|---|
| 1. Manages financial matters independently (budgets, writes checks, pays rent, bills, goes to bank), collects and keeps track of income | 1 |
| 2. Manages day-to-day purchases, but needs help with banking, major purchases, etc. | 1 |
| 3. Incapable of handling money | 0 |

TOTAL

Points: _____

SCORING: A summary score ranges from 0 (*low function, dependent*) to

8 (*high function, independent*) for women and 0 through 5 for men to avoid potential gender bias.