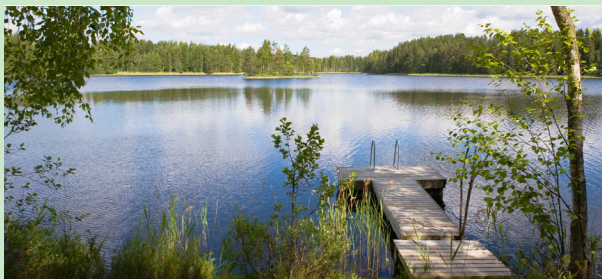


# Total Lung Care Center

Middlesex Hospital's Total Lung Care Center offers you a comprehensive network of testing and treatment programs to help you before and after diagnosis of lung cancer and other lung diseases. Our team of experts is dedicated to the prevention, detection, and treatment of lung cancer and other lung abnormalities.

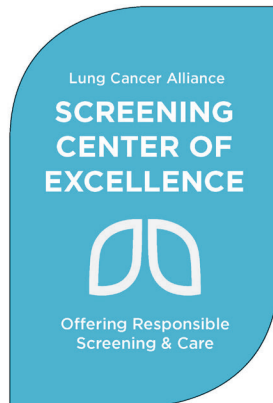
Remember: not all abnormal findings are cancer. Other abnormalities, such as scarring or inflammation, can be detected. Your doctor may want to follow up with more tests or by watching these abnormalities closely. If you are a current smoker, a smoking cessation program will be strongly encouraged.



## Need help quitting smoking?

*Middlesex Hospital offers a respectful, non-judgmental and professional smoking cessation program that offers information and counseling to motivate smokers to quit tobacco use.*

*Call 860-358-5420 for more information.*



 **MIDDLESEX HOSPITAL**  
*Total Lung Care Center*

540 Saybrook Road, Suite 180  
Middletown, CT 06457

A member of the Middlesex Health System  
[www.middlesexhospital.org](http://www.middlesexhospital.org)

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# Lung Cancer Screening

TAKE THE FIRST STEP TO FIND OUT IF YOU ARE AT HIGH RISK

The Smarter Choice for Care  
 **MIDDLESEX HOSPITAL**

# Are you:

- Age 55 to 77?
- A current smoker or a former smoker who quit in the last 15 years?

If so, you could be at high risk for lung cancer.

Lung cancer screening is important, since early stage lung cancer often has no symptoms. Catching lung cancer at its early stages means the best chance of being cured.

**Talk with your doctor about ordering a lung cancer screening.**

## What is a Lung Cancer Screening?

Screening for lung cancer includes a low-dose CT scan (also known as a CAT scan) and appropriate follow-up if any abnormal results are found.

A CT scan, unlike a chest x-ray, can produce a 3-D image of the lungs which provides greater clarity and reveals more details than regular x-ray exams. It is able to detect even very small nodules in the lung, which means that a CT scan is especially effective for diagnosing lung cancer at its earliest, most curable stage.

## Are there any risks to taking this test?

Radiation exposure is the concern of most people undergoing a CT scan. Our high-definition, low-dose CT scans use less than 25% of the radiation used in a regular CT scan. The whole process takes less than ten minutes, and you do not need to do anything special to prepare for the screening.

## Does insurance pay for the screening?

Yes. Private insurance companies cover lung cancer screening for high-risk individuals. The Centers for Medicare and Medicaid Services (CMS) also covers lung cancer screening.

## How much does the screening cost?

Deductibles specific to your insurance plan will apply.

## How can I get a Lung Cancer Screening?

**You must have a referral from your doctor for this screening.** Call your doctor, and tell him/her you are interested in a Screening CT scan. Together, you can discuss your risk and decide if a screening is for you.

Your doctor's office will send the referral to our central scheduling department. You will receive a phone call from our central scheduling office to make an appointment and to verify your information. Your doctor can call us at **860-358-2600**.

## What if I don't have insurance?

Please go to [www.accesshealthct.com](http://www.accesshealthct.com) or call the Community Health Center at **860-347-6971** for assistance.

## What happens if the screening finds something?

One of our board-certified radiologists will review your screening CT scan. If something abnormal is found, you will be contacted by the Lung Nurse Navigator.

## Lung Nurse Navigator

The Lung Nurse Navigator program was introduced at Middlesex Hospital in 2005 to help patients newly diagnosed with lung cancer find their way through the complex maze of cancer care.

Our Lung Nurse Navigator is an experienced, certified oncology (cancer) nurse who works to coordinate your care, as well as to provide continued support, education and guidance to you and your family.

## Megin Iaccarino, BSN, RN, CHPN

Lung Nurse Navigator  
860-358-2066  
[megin.iaccarino@midhosp.org](mailto:megin.iaccarino@midhosp.org)

